MEET RUBY ROSE
• SHORT BREAKS & DRIVING HOLIDAYS
• #JETSTARAUSTRALIA

ROSE
PLUS!
JETSTAR’S SHORT BREAKS SPECIAL

Watch movies, TV shows and more on board now! See what’s on from page 159
WHY WE LOVE LIFE THIS MONTH

07. Because Jetstar Japan is going great guns!
08. There are always fun things to do across the Jetstar network.
10. Live music rules!
12. Indigenous art fairs!
15. Indigenous art on surfboards!
18. Cheese and wine!
20. Tacos!
22. Eating out in Queenstown.
24. Australian whisky!
30. Chilling out at a yoga retreat.
32. Rugging up in winter woollies.
34. Made-for-TV nails are in.
38. Great haircuts on a well-groomed guy.
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TAKE A DRIVE
Find out about short breaks, like driving the Captain Cook Highway in Qld, from page 97
We’ve become part of everyday life for Japanese travellers, who can now afford to fly more often to see family and friends as well as jet off for weekend adventures.

Of course this growth is expanding choices for travellers from right across the Asia Pacific region too.

With direct services from Cairns, the Gold Coast, Hong Kong, Melbourne and Singapore offering great connections on to the Jetstar Japan network, it’s never been easier to explore Japan.

THREE YEARS AGO WE ushered in a new era of travel in the land of the rising sun as we waved off Jetstar Japan’s first flight from Tokyo (Narita) to Sapporo.

I remember that remarkable occasion on 3 July well, as it was actually my first day on the job.

The launch, which came five months ahead of schedule, was the culmination of a lot of hard work and passion to bring domestic low fares to Japanese travellers for the first time. My pride in the team has only grown as we’ve set the standard for low fares travel in Japan.

We started out flying to five domestic destinations with just three aircraft. Today, we offer international flights to Hong Kong in addition to 11 Japanese destinations with 20 aircraft.

Jetsetting in Japan

Jetstar.com

Jayne Hrdlicka
Jetstar Group CEO
Coffee on the rocks
WHAT: The Rocks Aroma Festival
WHERE: The Rocks, Sydney
WHEN: 26 July, events throughout July
WHY: Sample delicious roasts at this uplifting Sydney festival as you learn the science of great coffee and critique cafés competing in the Aroma Cup. Enthusiasts can join workshops leading up to the event from 6 July.
HOW: therocks.com/whats-on/the-rocks-aroma-festival

Get your geek on
WHAT: Wellington Armageddon
WHERE: Westpac Stadium, Wellington
WHEN: 17–19 July
WHY: This is New Zealand’s answer to Comic Con. It’s a celebration of New Zealand’s home grown and international entertainment industry. Check out talent from The Hobbit films, X-Files and Pokémon, or sit back for the sci-fi film festival.
HOW: armageddonexpo.com

Beats by the bay
WHAT: Splendour in the Grass
WHERE: Byron Bay
WHEN: 24–26 July
WHY: Enjoy a fantastic line-up featuring Mark Ronson, Florence and the Machine, Tame Impala, Flight Facilities, Megan Washington and more. For the best experience, buy a camping ticket and spend the night with your friends.
HOW: splendourinthegrass.com

Get freaky
WHAT: Bloodbath
WHERE: Dracula’s Cabaret Circus, Gold Coast
WHEN: From 1 July
WHY: Make dinner a frighteningly fun experience with vampire vaudeville and spooky circus acts. Your three-course meal comes with supernatural themes dished out by performers in Transylvania-inspired getup.
HOW: draculas.com.au
The Whitlams are creatures of habit. When we find a room that works, we generally return to it again and again.

We would have played Melbourne’s The Corner Hotel probably 30 times—something about that room makes rock’n’roll sound good. I first played there in 1987 in a Sunnyboys lineup. We’ve had a lot of good nights here as The Whitlams.

In Adelaide we’ve found our favourite is The Governor Hindmarsh Hotel. We started playing there in about ’97. I loved it back then because it was one of the rooms in Australia where people could bring their kids—now they’re married and still coming along occasionally. It’s like playing in a fishbowl—you’ve got crowd 270 degrees around you, so everywhere you look you see the crowd, which is great for the energy on stage. We’ll be back there in September.

I’d like to give credit to the Sydney Opera House—they’ve got their act together with their sound. Now you can play in the Concert Hall and be confident that the crowd can hear your words. I’ve done the Concert Hall probably 10 times, but the place I enjoy going to see bands is the Joan Sutherland Opera Theatre—I saw a few things there for Vivid Sydney this year. It’s a classy listening experience.

Newcastle has a wonderful room inland, about 5km in Jesmond, called Lizotte’s. It’s a wonderful old comedy theatre in two levels, with wonderful food. Because it’s two levels, you get so much energy as a performer—even when you look up you see expectant faces. The production is good and Newcastle is lucky to have it.

I love playing solo in Perth’s Ellington Jazz club, just north of the city. Usually there’s great jazz or cabaret in the morning, and local musicians from WAAPA will get on stage at midnight and play ’til really late, so it’s a good hang. We often head to Ellington for a drink after our own shows.
EVENTS

Get arty!

Two Indigenous festivals support artists and arts centres across Australia. Show your support and go along.

QUEENSLAND: The 2015 Cairns Indigenous Art Fair

Held from 31 July to 2 August at the Cairns Cruise Liner Terminal, this contemporary art fair is now in its sixth year. It features the work of both emerging and established visual artists from Queensland and the Torres Strait Islands, and attracts representatives from galleries and museums from all over the world, interested in acquiring Aboriginal art. This year also sees the introduction of an art market, so you can buy a piece, too.

AN ARTIST TO WATCH:
Bernard Singleton, a dancer, artist and sculptor who also recreates traditional weapons and artefacts. He was born in Cairns and raised in Coen, a small aboriginal community in Cape York Peninsula of Far Northern Queensland. Bernard’s mother is a Djabuguy woman born in Mona Mona mission and his father is of Umpila (East Coast Cape York) and of Yirrkandji man from Yarrabah mission. Find out more: bernardleesingleton.com

SOMETHING SPECIAL:
Waruwaru gungun (or Children’s Corner) is a place for kids to be inspired and immerse themselves in creating their own art. Queensland’s emerging Indigenous artists will teach how to weave your own ghost net sculpture and paint in watercolours. Saturday 1 August and Sunday 2 August 10am – 3pm. Participation is free.

Find out more at ciaf.com.au

ON DISPLAY
Bernard Singleton’s bark paintings; and Jennifer Wurrkidj’s screen print

NORTHERN TERRITORY: 2015 Darwin Aboriginal Art Fair

Held 7-9 August, The Darwin Aboriginal Art Fair showcases the contemporary fine art of over 50 Indigenous Art Centres across Australia. The fair is held on Larrakia Lands at the Darwin Convention Centre. More than 2,000 emerging and established artists are showcased, with visitors having the opportunity to buy works, including bark painting, screen-printing, photography, weaving, textiles and sculpture. Prices of artworks range from $5 to $15,000.

ARTISTS TO WATCH:
The works of Babbarra Women’s Centre in Maningrida, north-central Arnhem Land, which began as a women’s refuge in 1983 and now offers training in textiles, especially hand-crafted fabric design, lino prints and screen prints. Pictured above is Jennifer Wurrkidj’s Lorrkon and Fish Trap screen-print on cotton.

SOMETHING SPECIAL:
Three-hour workshops will be held to teach different art styles, including sculpture, traditional bark painting and weaving. The workshops take place daily at 10am and 1pm. Cultural dancers entertaining crowds at 12.30pm each day. It’s free to join in!

Find out more at darwinaboriginalartfair.com.au

WORDS ELISABETH KNOWLES
Zachary Bennett-Brook is an Indigenous artist with a difference – he loves painting on surfboards. Here he tells us why

I'M A PROUD Torres Strait Islander man, born and raised in Wollongong, Dharawal country, home of the Wodi Wodi people. My Indigenous heritage comes from my mother’s side of the family and my great-grandfather was a Torres Strait Islander.

Torres Strait Islanders are known as the saltwater people and, growing up in Wollongong on the south coast of New South Wales, I’ve always been surrounded by great beaches. From a young age, my mum would take my sister and me to the beach to swim and play on the sand. I remember watching people surfing and it looked like so much fun, I decided to give it a go. I haven’t stopped surfing since.

I love the feeling of being out in the ocean. For me, it’s a place where I can connect to my culture and I often get new ideas for artworks out there. My local, South Beach, is always my favourite spot.

For as long as I can remember, I’ve been painting or drawing on something. Growing up, we always had a lot of Aboriginal art around and it was just a normal style for me. Some of the first artworks I painted were symbolic of water flowing in bright blues, purple and white.

I paint a lot of my works on surfboards and fins. Being a surfer and working part-time in a surf shop, I’ve always had access to surfboards through the community. Many of the surfboards I paint are old and damaged. Instead of the surfboards going to landfill, I up-cycle them to give them a second life. Due to the state of many of the boards, they can no longer be surfed on.

I use a combination of different paint in my designs, such as spray paint, Dulux exterior house paint, Posca paint pens and acrylic paint.

I recently collaborated with one of the masterminds behind Lark Skate Co., Jessie Cowan. She won...
a scholarship and asked if I could mentor her with Aboriginal art and cultural knowledge. Jessie is based in Byron Bay so she travelled to Wollongong so we could work on some projects together.

Other collaborations include having my designs printed on a range of Emu Designs swimwear, which was showcased at Australian Indigenous Fashion Week last year, and working with the not-for-profit Indigenous Communities Education & Awareness Foundation on the logo design for some of their events. I’m a trained Personal Development, Health and Phys Ed teacher, too, so I use my teaching degree as a “foot in the door” to schools. Lots of schools have funding for Indigenous programs to engage students. I highly enjoy going into both primary and high schools to share my culture and teach future generations about Aboriginal Australia. I’ve painted many murals and sculptures, such as totem poles, for schools with the students getting involved too.

I was super stoked when I heard the news that I had won RAJW Australian Visual Artist of the Year, 2015. Earlier, I’d also won the Regional Visual Artist of the Year for Wollongong. There are thousands of very talented artists whose work is outstanding, so for me to be up against all those different artists and win, I was blown away.

My goal now is to team up with an international company to put Indigenous artwork on display for the world. I’d love to team up with a company and get my designs onto boards that can be taken into water. "Instead of the surfboards going to landfill, I up-cycle them to give them a second life.”

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**TEAM SPIRIT**

Zachary often collaborates, with his art appearing in fashion and on skateboards.

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**See for yourself**

**CHECK IT OUT**
See more of Zach’s artworks at saltwaterdreamtime.com

**BUY A BOARD**
Zach’s collaborations with Jessie can be bought from Lark Skate Co. for $350 each. larkskateco.com/saltwater-dreamtime

**BUY A COSSIE**
The Liquid Harmony swimsuit range at Emu Designs features artwork by Zach. emudesigns.com.au
LIKE A GOOD STILTON, licensed fromagerie Milk the Cow has matured into a cult foodie classic. Its St Kilda shopfront was the first late-night licensed cheese bar to open in Australia back in 2012, and it recently opened a sister branch on the other side of the Yarra, in Carlton.

Milk the Cow has become popular thanks to its weekly changing cheese-and-booze flights, which pair artisan cheeses with wine, beer, cider, fortifieds, dessert wines, sake or whisky. They also have fondue on the menu, takeaway cheese boxes, baked camembert, a fancy macaroni and cheese, and farmer’s boards (think ploughman’s lunches with frittata, terrine and a hearty hunk of aged jamón serrano). Confused types can always just order a Crème de la Crop cheeseboard for $50 to sample five of the café’s rarest and best cheeses, accompanied by Spanish quince paste, house-made lavosh and muscatels. Cocktails come with a complimentary nibble of cheese, too. For example, their take on the dirty martini, the Dirty Dutchman, is paired with Swiss Tête de Moine.

“It tastes just like a pickled onion!” says cheuemonger and venue manager, Laura Lown, who adds that a good artisanal cheese comes down to good quality milk and, like wine, the terroir.

Breaking the mould
Like wine with your cheese? Or cider, beer or spirits? Then try the trending food sensation – the cheese bar.
A good artisanal cheese comes down to good quality milk and, like wine, the terroir

and England,” says co-owner Jamie Nimmo. “No-one was doing it here. The product has always been here, of course, but, until now, it has only been accessible in gourmet delis and markets.

“We want people to feel really comfy in the dairy world. Our setting is informal – that way people can sample and appreciate cheese with our guidance, only if needed. We wanted to smash down the notion that great cheese is only appreciated by the well-travelled.”

The Stinking Bishops originally opened as a cheese shop, offering tasting boards with wines, but now they’ve seen clientele returning for the full meal experience. Think wagyu short rib with cheesy polenta; burrata (a fresh Italian cheese made from mozzarella and cream) with brussel sprouts; and a gorgonzola cheesecake.

“The kitchen is constantly expanding to keep up with the demand,” says Jamie, noting that their most popular dish is their mushroom mac’n’cheese with a golden crust of melted taleggio.

"Certainly it’s the terroir," she says. "Fresh grass or hay – and climate. They effect the length of flavour and create interesting complexities. As does the work of an affineur – someone who nurtures cheese to its peak of maturity."

Each branch of Milk the Cow has an international selection of over 150 cheeses, and Laura says her favourite is Occelli al Malto d’orzo e Whisky: “It’s an Italian cow-goat blend, washed in whisky and coated in barley malt – a rare beauty!”

If you’re in Sydney, the best place to go for a great cheese-bar experience is The Stinking Bishops in Enmore.

“We were inspired by the great cheese restaurants and bars in France and England,” says co-owner Jamie Nimmo. “No-one was doing it here. The product has always been here, of course, but, until now, it has only been accessible in gourmet delis and markets.

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* Feeling Hungry? Check your seat pocket to see our menu and check out what’s on offer on board

**MELBOURNE**

*Milk the Cow*  
The first to pair cheese with booze. Check their website for regular events including their Chef Series (where top chefs create 4-course cheese menus).  
323 Lygon St, Carlton  
Tel: +61 (0)3 9348 4771  
157 Fitzroy St, St Kilda  
Tel: +61 (0)3 9537 2225; milkthecow.com.au

**Shifty Chèvre**  
A licensed French fromagerie offering gourmet croque monsieur, fondue, cheese boards and more. Open for breakfast, lunch and dinner. Also has an online cheese store.  
375 Brunswick Street, Fitzroy  
Tel: +61 (0)423 694 763; shiftychevre.com

**SYDNEY**

*The Stinking Bishops*  
An amazing choice of cheeses, pork rillettes, ploughman’s boards and more. Closed Mondays. No reservations.  
Shop 5 63-71 Enmore Rd, Newtown  
Tel: +61 (0)2 9007 7754; thestinkingbishops.com

*Mozzarella Bar at Da Orazio Pizza + Porchetta*  
This newly-opened cheese bar is found inside one of Sydney’s best pizza restaurants. Try the fiore di burrata and smoked mozzarella – the best this side of Naples. Their excellent wine list is shared with the restaurant. Shop L609, The Hub, 75-79 Hall St, Bondi. Tel: +61 (0)2 8090 6969; daorazio.com
Tacos al pastor

These yummy tacos are given a flavour burst thanks to pineapple and smoky ancho-chilli salsa

Preparation: 15 minutes, plus 30 minutes soaking
Cooking: 15 mins Serves: 4–6

INGREDIENTS
• 2 pork fillets, about 450g each, sinew removed, cut into 2cm slices
• 2 tsp vegetable oil
• 1 small pineapple, peeled, cored, finely chopped
• 1 red or white onion, finely chopped
• ½ cup coriander leaves, chopped
• Flour or corn tortillas, warm to serve
• Lime wedges, to serve

Smoky ancho-chilli salsa
• 5 dried ancho chillies
• 500ml boiling water
• 2 onions, thickly sliced
• 8 garlic cloves, unpeeled
• 1½ tbsps chipotle paste or chipotles in adobo
• 2 tbsps chopped coriander leaves
• 2 tbsps apple cider vinegar
• 3 tbsps soft brown sugar
• 2 tsp salt

METHOD
To make the salsa, remove the stems and seeds from the dried chillies. Put the chillies in a heatproof bowl, add the boiling water and soak for 30 minutes. Drain and reserve 250ml of the water.

Meanwhile, put the onion and garlic in a large heavy-based frying pan over medium heat and dry-fry, shaking the pan frequently, for 10 minutes until blackened. Remove from the pan and, when cool enough to handle, peel the garlic. Put all of the ingredients in a blender with the reserved water and puree until smooth. Check the seasoning and adjust if necessary. (Transfer to a small airtight container and refrigerate for up to 2 weeks.)

Preheat a barbecue or chargrill pan to medium. Toss the pork slices with 125ml of the salsa, then drizzle with the vegetable oil. Cook the pork for 2 minutes each side or until just cooked through. Chop into smaller pieces.

Put the pineapple, onion and coriander in a bowl and toss to combine. Serve the pork with warm tortillas, lime wedges, the remaining salsa and the pineapple salad.
**INSIDER**  LOCAL KNOWLEDGE

**MOUTAIN EATS**

A Queenstown chef shares her foodie tips

**Ainsley Rose Thompson**

Head chef, The Sherwood

[sherwoodqueenstown.nz](http://sherwoodqueenstown.nz)

**BEST CAFÉ:** Vudu Larder on Beach Street is awesome. I’m never disappointed with their big menu of juices and lush cabinet food.

**YOUR FAVOURITE RESTAURANT:** I’m gluten free and prefer vegetarian when I go out, so I love the lighter Asian-style food at Madam Woos or Blue Kanu. The food at both is packed with flavour, and the atmosphere and service are excellent!

**BEST FOR A DATE:** Start with cocktails at La Rumbla in Arrowtown, PJ and her team make a night out special.

**BEST CHEAP EAT:** Queenstown’s local craft beer bar Atlas Beer Café on Steamer Wharf does a $9.50 roast beef sandwich that goes down a treat. It also has a cool selection of beers.

**BEST BRUNCH:** Without a doubt, my favourite weekend eatery is The Chop Shop Food Merchants in Arrowtown. Fi’s bubbly service is a breath of fresh air and I love every dish on Chris’ fresh, clean menu.

**A SECRET SPOT:** Zamora. The awesome Argentinian butchers, Nick and Matt, do fantastic sandwiches. You can also pick up some lovely sausages for dinner while you’re there.

**TELL US ABOUT SHERWOOD:** It’s a recently upcycled hotel and restaurant. We have a yoga studio, dual slalom bike track, organic vegie garden, wholefoods restaurant and cocktail bar with an extensive natural wine list and epic, live music every week. In the restaurant, the menu is designed to be shared, so it suits groups. We also have loads of big, communal tables to make for a fun dining experience.

Above: Head Chef, Ainsley Rose Thompson at The Sherwood; 554 Frankton Rd Queenstown. sherwoodqueenstown.nz

**QUEENSTOWN NZ**

**Please enjoy your alcohol responsibly. For more information, go to DrDrinkwise.org.au**

Ainsley Rose Thompson
Head chef, The Sherwood
[sherwoodqueenstown.nz](http://sherwoodqueenstown.nz)

**クイーンズタウンで食べる**

カフェ：ビーチストリートにある「Vudu Café & Larder」は、メニューがぎっしりと充実しているのです。お気に入りの店：外食で葉物とグルテンを避けたいと思います。その心地よいアジア風の「Madam Woos」や「Blue Kanu」は、サービスも素晴らしいです。

デートなら：アロータウンにある「La Rumbla」ならP&Jのチームがいつも素敵な夜を演出してくれます。

気軽に食べるなら：「Atlas Beer Café」からローストビーフサンドウィッチが$9.50で食べられます。

穴場のお店：デリカテッセンの店「Zamora」のニッキーとマットの作るサンドウィッチがランチに最高！

Sherwoodとは：ホテルとレストラン、ヨガスタジオ、ツインヘッドのトラック、オーガニック野菜の畑に自然食材を使ったレストランとバーがあります。
WHILE THE BEST-KNOWN whiskies come from Ireland, Scotland and the US (and Japan!), Australian whiskies are on their way up. Here’s why:

**Single malt**
Single malt whisky comes from a single distillery using just one type of malted grain.

**TRY THIS:** The Arran Malt from the Isle of Arran. It ages in a port cask and provides a big, strong flavour. $120, 700ml; arranwhisky.com

**AUSSIE EQUIVALENT:** In 2014, Sullivans Cove in Tasmania won an award for best single-malt whisky in the world for its French Oak Cask. It’s peppery, fruity and full-bodied. A new release is due out 1 July. $350, 700ml; sullivanscovewhisky.com

**Blended whisky**
Blends are, well, blended, using different single malts or entirely different types of whisky.

**TRY THIS:** The Famous Grouse is a good example of an affordable international blend with notes of honey and tropical fruit. $50, 700ml; thefamousgrouse.com

**AUSSIE EQUIVALENT:** Starward (made in an old Qantas hangar in Essendon Fields, Victoria) is a single malt, but if you like the smoothness of a blend, you’ll love this whisky’s clean balance and hint of banana. $95, 700ml; starward.com.au

**Peated whisky**
This style gets its distinctive smoky flavour when the malted barley is dried over a peat fire. It’s a traditional technique in Scotland, where peat bogs form over thousands of years.

**TRY THIS:** Ardbeg, and most Islay

What’s your flavour?

No matter what style of whisky you prefer, we found an Aussie equivalent.
Ardbeg tastes like licking the wall of a WWII London bomb shelter

whisky, tastes like licking the wall of a World War II London Underground bomb shelter. Start with the 10-year, $90, 700ml; ardbeg.com
AUSSIE EQUIVALENT: The Peated Single Malt from Hellyers Road Distillery in Burnie, Tasmania, was recognised as the nation’s best at the Malt Whisky Society of Australia Awards for Excellence in 2010. It’s distilled combining premium peated barley with pure Tassie drinking water and is aged in American oak ex-bourbon casks. 700ml, $103.60; hellyersroaddistillery.com.au

Rye whisky

American-style whisky ranging from smoky (often charring the insides of their casks) to sweet.
TRY THIS: Rittenhouse is an old-school Rye. It’s not complex but does have spiciness and nuttiness. 750ml, $78.90; danmurphys.com.au
AUSSIE EQUIVALENT: Belgrove Rye Whisky from Tassie has a hint of diesel and spice. 500ml, $145; belgrovedistillery.com.au

* Feeling Thirsty?
Check your seat pocket for our inflight menu and drinks selection
DRINK UP DOWN SOUTH
A Hobart bartender tells us his favourite local drinking spots

Tim Paterman
Licensee, Tavern 42 Degrees South – “T42”
tav42.com.au

**BEST PUB:** The New Sydney Hotel always has a banging beer selection, a warm cozy fire and the best pub food in Hobart.

**LOCAL WINERIES:** Check out the guys at Domaine Simha for modern artisan wines with a minimal-intervention approach. Try their ‘Simla’ Red Field Blend.

**BEST THEMED BAR:** The Winston Alehouse & Eatery has a wide beer selection, an awesome vibe, and the best wings known to man.

**BEST LOCAL BEER:** Devils Brewery makes a delicious Rye IPA [called RIpa], which is an interesting take on a popular style. Their Tassie Pale Ale is also good and, for something different, try the Smokey Moll. If all else fails, have a Cascade Lager at Mobius Lounge Bar.

**TASTE LOCAL WHISKY:** The whisky industry here is giving the Scots a run for their money, and Lark Distillery is a proud advocate for it. The Lark Cellar Door is on the waterfront and serves up a range of Tasmanian whiskies.

**TELL US ABOUT T42:** We are an institution with a beautiful waterfront location on a pier; one side is home to boats moored in the marina and the other side is a working harbour. It’s the perfect place to sit in the sun and drink vino.

**LOOK LIKE A LOCAL:** Hunt through all the lanes and alleyways in Salamanca. Search for artwork or handmade treasures in the strip’s galleries and shops. Once you’ve worked up a thirst, bar hop through all the great Salamanca venues.

Above: Tim Paterman at the bar at Tavern 42 Degrees South. Ground level, Elizabeth Street Pier, Hobart; tav42.com.au

ホバートで飲む

**ベスト・パブ:** New Sydney Hotelはいつも最もよいビールの種類が揃っていて、地元で一番おすすめです。地元のワイナリーなら「Domaine Simha」の職人仕込みのワインはぜひチェックしてほしいですね。

**テーマバー:** 「The Winston Ale House & Eatery」で多様な種類のビールが揃っています。

**ベスト・ローカル・ビール:** Devils Breweryが作るライ麦ビールのRye IPA（インディアヘールエール）が大人気です。

**ローカル・ウィスキー:** ウイスキーは「Lark Cellar Door and Whisky Bar」では、タスマニア産のウィスキーを提供しています。

**T42について:** 美しいウォーターフロントのある「Lark Cellar Door and Whisky Bar」では、グレープヴァインのウィスキーを提供しています。

Above: Tim Paterman at the bar at Tavern 42 Degrees South. Ground level, Elizabeth Street Pier, Hobart; tav42.com.au
There are a few times in my life where I have felt flat, uninspired and unsure of what to do next, and I’ve found that one of the best ways to get back into gear is by taking time out to go on a yoga retreat. Your everyday world will stay exactly where it is, of course, but finding space between life events can help you gain new perspective and the energy to face change.

Any time is the right time to go when you’re not feeling your best. Over the years, I’ve been on a few “escapes” with Radiance Retreats – a holistic company helmed by chilled-out yoga practitioner Jessie Chapman, whose gentle approach delivered just the breather I needed. With food and accommodation as part of the deal, I didn’t need to worry about anything. The small groups of similarly-minded yogis provided me with both excellent company and after-workout conversation. Radiance Retreats has a six-day wellness retreat planned for this year’s NYE in the Gold Coast Hinterland at Gymea Eco Retreat and Spa, which includes spa sessions and massages.

There are many other companies offering yoga retreats, too. One of the most established is The Yoga Travel Company, run by The Livingroom Yoga School, which is based in Coogee Beach, Sydney. While that’s a fab enough locale in itself, they have upcoming retreats to India and Byron Bay.

The Byron Bay Retreat experience, held 15–20 October, is all about “the yin and yang of yoga” – and life. Held at Sangsurya Heath Retreat Centre in Byron, this retreat promises to help you find balance in your practice. So if you can’t wait for New Year’s to get yourself back on track, head to this one!

Radiance Retreats offers the NYE retreat and many more. If you’re interested in booking or finding out about other upcoming retreats, visit radianceretreats.com

The Yoga Travel Company will host many retreats in 2015 and beyond. To book yourself on the Byron Bay retreat or find out more information, go to thelivingroomcoogee.com.au/theyogatravelcompany
Holding pattern
Monochrome knits will keep you snuggly and huggable this winter

1. H&M wool hat, $29.95; hm.com/au
2. Gregory Ladner oversized boucle wrap scarf, $79.95; theiconic.com.au
3. H&M pile backpack, $39.95; hm.com/au
4. Banjo and Matilda stripe crew neck cashmere sweater, $395; banjoandmatilda.com
5. River Island black & gold sparkle high waisted leggings, $60; au.riverisland.com
6. Mossimo animal print jumper, $79.95; mossimo.com.au
7. Seed Heritage chunky fringe cardigan, $149.95; seedheritage.com
8. Sol Sana boots, $189.96; surfstitch.com

SALLY HUNWICK
FASHION EDITOR

32 ✽ Jetstar.com
I HAVE A GUILTY SECRET. I’m an avid fan of TV soap The Bold and the Beautiful. I have rarely missed an episode since 1985 when it began. I even own the coffee table book.

I’ve seen the Forrester family go through kidnappings, embezzlement, marriages, affairs and divorces, all without breaking a fingernail. After 30 years of high drama, the women on the show have maintained perfectly groomed talons or, as I like to call them, Rich Girl Nails. And they’re right on trend.

Like a good hair day, a beautiful manicure or pedicure does something to a woman’s confidence that nothing else can. Rich Girl Nails are simple to achieve, and actually don’t cost the earth. Jocelyn Petroni, who tends to the nails of Aussie models Miranda Kerr and Megan Gale, has it sussed.

Firstly, she says it’s about colour: “If you’re new to colour, start with classic red. It looks great on everyone and is bright, fun, classic, sophisticated and cool.” Alternatively, try pastel – a chic yet subtle look that tends to wear a little longer than bright hues. “Pastels look beautifully feminine and complement skin tone while still being on trend,” says Jocelyn. “They are wearable at any age.”

Top tips for staying stylish? “Keep nails short and tidy,” Jocelyn says. “It makes colours look clean and classy. Apply topcoat every second day to prevent chipping and keep your colour glossy and bright. Finally, as soon as your polish chips, remove it and start again.”

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Nailed it!
The perfect polish can make you feel a million bucks, says Shonagh Walker

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**Nordic knits**

Stay toasty this winter with Scandinavian-inspired woollies

- H&M fur hat with earflaps, $19.95; hm.com/au
- Superdry monochrome crew jumper, $109.95; superdry.com.au
- Lapponia “Snowflake” scarf, $55; nordliving.com.au
- MilPac Nordic stripe backpack, $44; au.riverisland.com
- G-Star Raw “Bergmann” pants, $140; g-star.com
- H&M reindeer jacquard-knit cardigan, $49.95; hm.com/au
- Wild Lapland “Lapland Tossut” moccasins, $35; nordliving.com.au
- Lapponia “Alta” socks, $50; nordliving.com.au

FASHION EDITOR SALLY HUNWICK
A cut above

We asked the experts what you should do when your hairdo needs an update, writes Peter Barrett

THE EARLIEST HAIRCUT I can remember coveting was a flat top, popularised by Dolph Lundgren in Rocky IV. From there, I dabbled with a long fringe (à la Robert Smith from The Cure), gel (it was always Studio Line from L’Oréal, thanks to the band Sigue Sigue Sputnik and an ABC series called Sweet and Sour), skinhead (DIY) and, more recently, I’ve sported the “toilet brush”, which is ever-popular with harried, sleep-deprived fathers of young children.

Now that proper haircuts are back on my agenda, I wondered what’s hot right now? Steven Blick, of boutique hairdressers Hérr Blick in Melbourne’s CBD, says we are currently in the death-throes of the fade (where the hairline is blended to form a smooth gradation in length).

“You know a haircut’s over when you see it on the AFL pitch,” says Steven, convinced the next look is something he’s coined “the presidential”, inspired by a young JFK sporting a full head of hair.

But Mikey Forster from Horse Meat Disco Salon in Brisbane believes a seamless fade is still something worth seeking out. You just need a hairdresser who knows what he’s doing. What’s not so hot? Cheap hairdressers attempting difficult haircuts, Mikey says.

“The Undercut

Done well, you can look edgy and trendy. Done badly, you might find yourself targeted by police.

The Presidential

Coined by Steven Blick of Melbourne’s Hérr Blick, it’s for men, not boys. Think luxurious hair that’s a bit longer on the top.

You know a haircut’s over when you see it on the AFL pitch”

“Undercuts are a disaster,” he says. “They can be trendy if they’re cut well, but it comes back to how they’re cut at the back, around the crown area.”

Meanwhile, Stephen Foyle, from Sydney online grooming store detailformen.com, reckons there are two main looks at the moment: the “Jon Snow” (a wild, just-shot-a-deer-and-carried-it-home look modelled on the Game of Thrones character) or “the suit” (a power-grooming, luxury look, which is perfect for blokes trying to graduate from looking like they’re in a boy band).

So, gentlemen – go on and take your pick.
GOING SOLAR

How soon can we expect our gadgetry to be powered by the sun?

RECENT HYPE AROUND the Tesla Powerwall Home Battery has the solar industry abuzz and households excited about cutting up their power bills in favour of sun-generated renewable energy. But while our homes are increasingly likely to resemble miniature self-contained power stations, it appears solar-powered personal gadgets, such as mobile phones and portable music players, are still a Jetsons-era aspiration.

Professor Michael Cortie, director of the Institute for Nanoscale Technology at the UTS School of Mathematical and Physical Sciences, says there are great challenges in creating pocket-sized solar gadgets. “The main issue is that consumer-grade photovoltaic cells can convert, at most, just 20 per cent of the sunlight that falls on them into electrical energy,” says Michael. “Therefore, built-in solar cells are generally only viable for gadgets that have a low power draw. Modern devices, such as smart phones, suck up power but are also rather small in size. There is usually not enough space to squeeze in a solar cell of sufficient surface area to sustain them.”

The fact that many of these devices are often used indoors complicates matters further, adds Michael: “The amount of energy from indoor lighting is even less, as it’s only a fraction of the strength of direct sunlight.”

But Michael’s not totally despondent about the amount of energy we use for our gadgets. “Reducing the amount of electric power that [gadgets] draw...is a big thing for the designers,” he says. “I expect all kinds of neat tricks to continue.”

So, while your phone may not go solar any time soon, there is a greater chance with each passing year that the wall socket you plug it into, will soon be powered by the sun.

The compact Tesla Powerwall Home Battery solar-energy storage unit is scheduled for late 2015 in Australia. For information, go to teslamotors.com/en_AU/powerwall

TWO OF A KIND: SOLAR DEVICES

1. **Get smart**
   Most people go camping to get away from their phone, but the solar-powered Kogan Foldable Solar Panel Charger for Smartphones will keep the battery symbol on your screen full regardless thanks to four solar panels, which produce 5.5 volts of power. $45; kogan.com/au

2. **Window looker**
   Stick the Biome XD Design charger to a sunlit window and it will channel power into a 1400mAh rechargeable lithium battery - or charge via computer if there’s no sun. It will give about six hours’ phone chat time or around 150 hours of portable music. $99; biome.com.au

WORDS JASON MOUNTNEY • ILLUSTRATION BREN LUCIE
Come in spinner!
Disc golf is a great new sport. Here’s why

“I DISCOVERED THE game by chance,” says disc golf aficionado Andrew Ferguson. “In 2005, I went on an extended snowboarding trip to Queenstown, New Zealand, and I was walking through Queenstown Gardens when I saw a group of people throwing frisbees into a funny-looking metal structure.”

Although he didn’t know what he was looking at, it looked like fun. Disc golf is played with similar rules to traditional golf, but instead of whacking a ball with a club, you throw a frisbee from a tee pad into an elevated metal basket. A typical course has nine or 18 holes, and courses can typically be found in public parks. While you may not have stumbled upon one yet, keep an eye out – there are over 40 disc golf parks across Australia, and the sport is growing fast.

“After seeing those people play, I went straight down to the sports store and bought a golf disc, then headed back to the course,” says Andrew. “After playing one round, I was hooked.”

Andrew says he made the same mistakes most novices do when they first play.

“I threw the disc too high, then too low. I threw it in to trees and into lakes – I did it all,” he laughs.

There are over 40 disc golf parks across Australia

But it didn’t matter to Andrew that he didn’t get the hang of disc golf straight away: “It was the most fun I’d had in years.”

The day after Andrew returned to Australia, he designed a disc golf course in Geelong, 75km south-west of Melbourne, and set about creating the Geelong Disc Golf Club.

“Fast forward 10 years and I can’t imagine my life without disc golf,” he says. “I’ve travelled the world playing tournaments, created clubs and I’ve run international events. I still love playing the sport. I’m now working full time in the industry as a project manager with DiscGolfPark in WA, designing courses for communities and helping to promote the sport in Australia and beyond.”

Disc golf is a unique sport in that it doesn’t require any special athletic ability. You don’t have to be the fastest or the fittest to play.

“There are now more than 12 million players all over the world,” says Andrew. “It doesn’t matter how old you are or how well you play.”

Disc golf courses don’t take up as much space as traditional golf, either. There’s no need to clear trees or make other changes to the landscape.

“The challenge comes from controlling the disc to navigate...
trees, bushes and other natural features of the landscape,” says Andrew.

Disc golf found its way to Perth soon after it was created in the US, with the first course installed in Greenwood in the late 1980s.

“Since then, the sport has steadily grown, giving rise to the Perth and Mundaring Disc Golf Clubs, and a great frisbee sports culture in the state,” says Andrew.

The Mundaring Sporting Club in the Perth Hills is home to one of the best disc golf courses around the world – The Mundaring DiscGolfPark. It has 18 holes, which range in length from 100m with tight wooded fairways, to open holes over 370m in length. The course was designed with both beginner and advanced tees for each of the 18 holes, so both new and professional players can enjoy the facility. Like a traditional golf course, there is a clubhouse, complete with a pro shop, and a fully-stocked bar to quench the thirst of players after completing their round.

“It’s a world-class disc golf facility right in our backyard,” says Andrew. “Each week, the club hosts a social event, inviting new players to come along and give the sport a try.”

The venue also recently hosted the first Professional Disc Golf Association (PDGA) Major tournament in the Southern Hemisphere, with plans for a biannual event.

“A disc will set you back about $12 a pop, so it’s a cheap sport to get hooked on. The Frisbee Shop sells golf disc starter packs, custom disc bags and portable baskets for training; frisbeeshop.com.au

**EVERYONE’S WELCOME**

Disc golf is a sport for all ages and fitness

**THE CHALLENGE COMES FROM CONTROLLING THE DISC**

“...it’s a world-class disc golf facility right in our backyard,” says Andrew.

**TRY IT YOURSELF**

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**PERTH: WA**

Perth is home to Mundaring DiscGolfPark and Perth Disc Golf Club. For more details about the sport, the club and upcoming events, go to discgolfwa.com.au

For more info on DiscGolfPark, visit discgolfpark.com.au

**ELSEWHERE IN AUSTRALIA**

The sport’s governing body is Australian Disc Golf. It can help you find clubs and courses in your local area; australiandiscgolf.com

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**ELSEWHERE IN AUSTRALIA**

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This cool Perth suburb has plenty of fun hangouts to try on your next WA trip – and some great food!

1. **SHOP & SKATE**
   **Oxford St Reserve Skate Park**
   Stock up on new kicks and chain wallets at Unison Apparel (140A Oxford St) then hit the skate park, which has two bowls, a submarine and rails.
   60a Frame Crt.

2. **DRINK & DINE**
   **Duende**
   This tapas joint is as close to Iberia as you can get in Australia. Its wine list is phenomenal, but we love its sherry selection. It’s not just for grandmas anymore! Ask the bartender to tell you about the different types.
   662 Newcastle St.
   duende.com.au

3. **TOUR & TASTE**
   **Foam Coffee Bar**
   ... is a friendly spot to grab a great coffee. It’s also one of three stops on the Leederville Food Safari – Perth’s only progressive dinner – along with Kitsch Bar Asia and Ria Malay Kitchen. $75 per person.
   130 Oxford St.
   foamcoffeebar.com.au; leedervillefoodsafari.com.au

4. **GO GLUTEN-FREE**
   **Strange Grains Bakery**
   Brilliant wheat-free breads and delicious cannoli, muffins and cookies that actually, truly taste amazing. We wouldn’t lie to you! Recommended: the yeast-free sourdough buckwheat loaf.
   3/626 Newcastle St.
   strangegrainsbakery.com.au

5. **GET GROOVY**
   **Urban Records**
   The best place in Perth to buy vinyl. Treat yourself to a retro-styled turntable housed in a retro-styled school case by mBeat (with built-in speakers and direct USB recording capability). Also stocked: old-school Crosley players.
   117 Oxford St.
   urbanrecords.com.au
Choose your own adventure: BALLARAT

This regional Victorian city is great for both travellers with families and those seeking a cultural retreat.

**OF ART**
Ballarat Art Gallery, the country’s first regional gallery, has two levels. On the upper level, visitors can tour Australian art since the gallery’s establishment in 1884, while the lower level features more experimental and temporary installations.

*[artgalleryofballarat.com.au]*

**SATURDAY AM:** Delve into the history...

**SATURDAY PM:** Interact with locals...

**OF DEMOCRACY**
The Museum of Australian Democracy is an interactive exploration of civil action and rights in Australia, starting with the Eureka Rebellion, Australia’s only armed civil uprising. Digital displays make learning about this pivotal event fun and interesting – also check out the original Eureka flag, made in 1854.

 *[made.org]*

**OF OTHER SPECIES**
A healthy collection of Australian native wildlife hops, waddles or climbs around the open-air Ballarat Wildlife Park. Meet Crunch, the five-metre saltwater crocodile, or see rare species like quokkas, Tassie devils and a tree kangaroo.

 *[wildlifepark.com.au]*

**ON A WALKING TOUR**
Ballarat is home to layer upon layer of history. Take a heritage or ghost tour, and your guide will point out sites like the goldfields-era bakery, buried metres below street level; the Miners’ Exchange where gold was bought and sold; and the impressive “Boomtown” architecture.


**Travel info**
Ballarat is just over an hour’s drive from Melbourne. Jetstar offers great low fares to Melbourne and car hire deals.

Visit [jetstar.com](http://jetstar.com) to book.
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**507J**

Local plumbing regulations may apply.

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**LOCAL NATURE**

Walk, run or wander the six-kilometre circuit of Lake Wendouree and enjoy the Botanical Gardens, which also hosts Italian marble statues as well as bust sculptures of every Australian Prime Minister (to Gillard). Hire a canoe or paddleboat to get out onto the water.

[lakeyboathire.webs.com](http://lakeyboathire.webs.com)

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**SUNDAY:**

Take a day to explore...

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**GOLD RUSH HISTORY**

Kids can pan for gold (yes, real gold), see boiling gold smelted into an ingot, tour real mines of the period and watch traditional lollies being made – before purchasing (and eating) them. At the same time, they’ll learn about a vital part of Australia’s history.


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**WHAT KIND OF TRAVELLER ARE YOU?**

**IF YOU ANSWERED MOSTLY A**

You seek culture on your holidays and like to find out more about the history and people of a place when you travel.

**IF YOU ANSWERED MOSTLY B**

You take the kids with you on your holidays, which are all about keeping the whole family entertained.

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**WORDS MITCH BROOK**

**PHOTOS MITCH BROOK, SOVEREIGN HILL, DARYL WISELY**

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Keep me posted
What ever happened to writing, “wish you were here”? Here’s why we should post a card instead of a status update

IT’S A CRACKING AFTERNOON. The sun is reflecting off the windows just so and everything feels golden. You’re sitting at a gorgeous little café in a cobbled laneway, treating yourself to a decadent snack while you think back on your day. You can hardly wait for what tomorrow brings.

This is a special moment you want to share but instead of reaching for your phone to tap the experience in 140 characters on Twitter, stop, grab a pen, and dash off a postcard. You’ll be rekindling a dying art, a hundred years after its heyday.

The years 1905 to 1915 is considered to be the golden age of postcards. In one day in 1906, 200,000 postcards were sent from New York’s Coney Island fun park alone. Fast-forward a century, and between 2000 and 2010, Internet usage in US households nearly doubled from about 41 to 80 per cent. At the same time, the number of postcards sent annually decreased at the same rate – from 2.7 to 1.4 billion.

Yes, social media is quicker and you can address a lot of people at once. But it’s also fleeting and intangible. Posts get lost in the crowd. As soon as someone scrolls down or clicks away, or a new post is added to their feed, yours is lost in the cyber sphere.

A postcard captures the reader’s full attention and lets them know they’re appreciated enough to be in someone’s thoughts, even on the other side of the world.

“It’s a more personal touch and has a deeper connection attached to it,” says travel blogger Caz Makepeace of yTravelBlog.com on sending postcards. “It’s so easy to quickly send an email or type a Facebook update, but a postcard lets the receiver know you’ve taken extra time to think about them. It’s a more loving gesture.”

It’s a sentiment appreciated by young and old. Many of our
older relatives may not be on social media, plus it’s a tactile way to show children there’s a big wide world out there for them to learn about and explore. And let’s be honest, the thrill of receiving something that’s not a bill appeals to everyone.

When buying a postcard, travel blogger Matthew Kepnes of Nomadic Matt looks for “something that really depicts the country I’m in,” he says. “I feel like I’m sending the atmosphere of that country to my friends and family back home.”

Think writing cards is too old school for you? Think again – it couldn’t be more rock’n’roll! In October 1966, Jimi Hendrix sent a postcard from Munich to his father back home in the US telling him about his upcoming single “Hey Joe”. The album it features on, Are you Experienced, is widely considered one of the greatest albums of all time. A postcard Manic Street Preachers’ bassist, Nicky Wire, received as a kid from British singer and lyricist Morrissey, inspired the title of their 2010 album Postcards From A Young Man. And Ringo Starr even published a book in 2004 called Postcards from the Boys, which is filled with vacation postcards from John, Paul and George, who would send him one whenever they went on a trip.

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**DO IT YOURSELF • FIVE POSTCARD-WRITING TIPS**

**1.** Make the process easier by pre-printing a sheet of sticky labels with your friends’ and family’s addresses before you leave.

**2.** If you’re going away with kids, give them an address book in advance so they can write their friends’ addresses at school. It’s good for their handwriting, discipline and imagination.

**3.** Send one to yourself! You’ll receive it once you are back home and that holiday feeling, which wears off way too quickly, will resurface the minute you see it.

**4.** Download the Australia Post postcards app from iTunes to send a custom postcard from anywhere in the world. A postcard sent to an Australian address costs $1.99; one sent to an overseas location is $2.99. auspost.com.au/travel-id/postcards-app.html

**5.** Got so many friends you’d go broke sending them all a postcard? Have a look in the racks near coffee shop counters – almost anywhere in the world you’ll find free postcards advertising art shows and events unique to the city you are in.
THE FAST & THE CURIOUS

A cool new sport sees skiers take flight in New Zealand
SPEED RIDING IS a new sport that combines skiing and paragliding. Speed riders either hike to the top of the mountain or take a ski lift. They then lay out their fabric “wings” and take off, keeping close proximity to the slope as they fly down.

Pictured here are two riders from the Swing Pro speed riding team – Gaby Van Der Steen and Arnaud Longobardi. “This image was taken in Chamonix last year, during a Big Mountain Speed Riding Progression Camp,” says Chris Doerfel from SkiandFly, the training company that hosted the event.

This year, SkiandFly are holding two training camps in New Zealand. The first is from 29 August to 5 September at Broken River Ski Fields, 1.5 hours out of Christchurch. It will teach entry-level and intermediate riders safe and fun skills to get them airborne.

“Broken River is one of NZ’s most snow-safe resorts, and the diversity of runs is amazing,” says Chris.

The second event, Big Mountain Progression Camp, is from 6–14 September, and is suitable for intermediate and advanced riders looking to fine-tune their skills. “It’s essential to learn the ropes from a professional with the right gear and training,” says Chris. “Mentorship is provided by speed riders who are also licensed paragliding instructors.”

For more info or to join a speed riding camp, go to skiandfly.com

This month, you can also watch a film on speed riding at the NZ Mountain Film Festival. The festival is in Wanaka (3–7 July), Cromwell (8 July) and Queenstown (9–11 July). The Unrideables: Alaska Range airs 7 July in Wanaka and 11 July in Queenstown. For more info, go to mountainfilm.net.nz

Jetstar has great holiday packages and low fares to Christchurch. Visit jetstar.com to book.
THAT GIRL!

WE VISITED AUSTRALIA’S COOLEST TV PERSONALITY TO FIND OUT WHAT SHE LOVES MOST IN LIFE – HER DOGS, HER KICKS AND HER CAREER

WORDS & PHOTOS THE COVETEUR/ SNAPPER MEDIA
Actress, model and DJ Ruby Rose has always made a bold hair statement.
First Thing's First,

Let's accept the fact that you live on the same planet as Ruby Rose. She is one flawless human. For one, girl’s got a bowl cut that no one except her, post ’90s-era, could possibly get away with. She’s exponentially gorgeous – just try not to stare – so it’s no wonder she’s minted (thanks, in part, to a contract with Maybelline New York as the brand’s face in Australia).

Secondly, she’s downright cool – enviously so – and equally as sweet. She spends her time rescuing animals (including her cute little pups Ru and Chance), and building awareness for anti-bullying and youth mental health. Most recently, she has collaborated on her fiancée Phoebe Dahl’s Faircloth & Supply clothing line – part of its proceeds go towards providing uniforms, school supplies and scholarships to girls in Nepal. And the duo is also coming out with another ethically-sourced and charitable, genderless label. Stay tuned.

Thirdly, she’s wickedly talented. She’s well established as a DJ and is an award-winning TV presenter – in 2009, she won an Australian Subscription Television and Radio Association (or ASTRA) Award for Favourite Female Television Personality. Excitingly, she will soon be changing out of her streetwear for a jumpsuit as the newest Litchfield inmate on season three of Orange Is The New Black. We could seriously go on and on.

But this is 2015 and we know your attention spans are next to nil, so we’ll get to it. Our shoot with Ruby went a little something like this: we were a tad late, not going to lie, looking like two hot messes with luggage in hand (we were flying out, straight after the shoot). So we got right into the shoot. Rose led us through her front door to her living room, stopping briefly at a grand white Mason & Hamlin piano, which just so happens to be signed by Leonardo DiCaprio, Evan Rachel Wood, Debbie Harry, and practically everyone else - NBD*.

As for her closet? Her sneaker and hat collections are unreal. Chanel and Miu Miu are mixed here and there amongst her momentous streetwear collection. Add in some Jeremy Scott for Adidas and you’ve got yourself one crazy-good wardrobe.

“I would say that I have a casual street-meets-high-fashion game going on,” Ruby says of her wardrobe. “I love my Saint Laurent and Givenchy, but I often tie it in with Golden Goose kicks or Happiness sweatpants. Low-crotch jeans with cotton tanks, or leather jackets with slacks. If it is comfortable and sexy at the same time, I’m all about it.”

So what of your new role on Orange Is The New Black? Are you excited about the premiere of the new season?

“’The most surreal moment in my career so far, would have to be landing Orange Is The New Black. [My character] Stella Carlin is an Australian inmate; she is charming, charismatic and quite confident. She was a blast to play because she’s so laid-back cool – something I’m not.”

How was working with the cast?

“Everyone is so loving and supportive. It has to be one of the greatest cast and crews out there. I got to learn from some of the most inspiring and talented actors, as well as form incredible friendships. It’s very much like a family.”

Have you had much acting advice?

“[The best advice I’ve received is to] never stop growing and learning as an actor. There are always ways to push yourself. I am so new to it so I didn’t need to be told.”

Was the transition from Melbourne to California difficult?

“It hasn’t been a huge adjustment. I feel like, aside from Los Angeles being much warmer and consistent...”

“I can’t live without my DJ decks, dogs, skateboards, linen sheets and sunglasses”

*NBD, FOR THE UNINITIATED, MEANS NO BIG DEAL (JUST IN CASE YOU WANTED TO KNOW)

Insight RUBY ROSE

“I can’t live without my DJ decks, dogs, skateboards, linen sheets and sunglasses”

“’The most surreal moment in my career so far, would have to be landing Orange Is The New Black. [My character] Stella Carlin is an Australian inmate; she is charming, charismatic and quite confident. She was a blast to play because she’s so laid-back cool – something I’m not.”

How was working with the cast?

“Everyone is so loving and supportive. It has to be one of the greatest cast and crews out there. I got to learn from some of the most inspiring and talented actors, as well as form incredible friendships. It’s very much like a family.”

Have you had much acting advice?

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with its weather, both are great cities where it is encouraged to be passionate and driven, while artistic. Australian style has come a long way in the past decade. Josh Goot, Dion Lee, Michael Lo Sordo and Toni Maticevski are all amazing designers doing big things.

**Have you got a beauty routine?**

“I’m really into the Grown Alchemist [skincare]. I use Kate Somerville products – she has a great green, cinnamon-smelling exfoliator, which I use every other day. Then I usually use a spray from the Grown Alchemist and a moisturiser by [Grown Alchemist] also. Then sunscreen, as I am very OCD when it comes to keeping my face out of the sun. I use Kiehl’s eye cream if I’m puffy or had a long flight. For haircare, I recently found Oribe so I’m vibing that right now.”

**What are your travel essentials?**

“Face masks – the SK-II masks that make you look like you’re from The Texas Chainsaw Massacre – water, my computer, a book and happy socks.”

**Favourite hair colour?**

“I have had black, blue, red, green, purple, white and grey hair. Every color that has a name, I’ve had. I don’t think I have a favourite – probably dark.”

**Tell us about your own input into the fashion world.**

“I loved having a fashion line [called Milk and Honey Designed by Ruby Rose] and my highlight was definitely showing at fashion week [in Melbourne]. Walking down the street and seeing someone wearing something you designed is always such a great, surreal experience. Phoebe and I have a label called Scallywags, which we are about to release. It’s a gender-neutral clothing line. Lots of colours and African prints, ethically made and charitable.”

**And finally, tell us about your gorgeous dogs.**

“Daisy is back home in Australia, she is six. Ru is four, I rescued her, she was found at a hoarder’s [house] with 80 other dogs. Chance is three apparently, although she is grey and her back legs don’t work. We rescued her just some months ago. Plus we have Cricket the cat, who has a weird deformed front leg like a cricket bat – he doesn’t have a joint just one long bone, which curves in.”

**Favourite hair colour?**

“If it is comfortable and sexy at the same time, I’m all about it,” says Ruby

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60 *Jetstar.com*
CLOCKWISE FROM TOP LEFT: Gail Reid, designer and founder of fashion label, Gail Sorronda; sandals on display at Sunday Social; an aptly-titled book at lovely things at House of Cards; pots of treasure at Molten Store.
Move over Melbourne and Sydney - Brisbane is Australia’s next fashion capital

Blonde Venus; Jess Barty in front of a wall of hats at Sunday Social; special accessories at Gail Sorronda; keeping it neutral at Blonde Venus; racks of...
Often in the sartorial shadows of Melbourne and Sydney, you might be surprised to find that Brisbane is in fact bursting with some of the coolest designers and stores in the country. An underground swell of hip designers and curators are laying claim to shop-fronts across the city, bringing everything from funky to fabulous into the wardrobes of those in the know.

We discover five of Brissie’s best spots to get a fashion fix while in the sunshine state – and they are all in the hip suburb of Fortitude Valley.

Designer Goddess

Gail Sorronda

Brisbane designer Gail Reid’s only solo store is sitting pretty just off fashion hub James Street in Fortitude Valley. Its vine-covered walls point to a chic, minimal interior. Moody yet feminine, Gail’s inspired designs are best described as “black-and-white dark romanticism”. She has piqued interest globally, too. Karl Lagerfeld recently named her as one to watch, and Dolce & Gabbana selected her garments to be stocked in their Milan store. Not to mention her 2015 fairytale collaboration with Disney’s The Little Mermaid!

Despite her international accolades, Gail’s decision to open the doors in Brisbane was an easy one: “I have lived most of my life in Brisbane and I have a lot of support here, it was only natural,” says Gail. “And I always say the quality of light here is magical – it charges me like a crystal.”

Get swept up in Gail’s next collection Holy Water, which will be in store soon. If you’re lucky, you might even be styled by Gail herself!

Shop 8, 19 James St, Fortitude Valley
Tel: +61 (0)7 3252 5917;
gailsorronda.com

Go Label Crazy

Blonde Venus

An anything-but-ordinary Brisbane institution, Blonde Venus has been bringing cool to the city’s streets since 1990. Local fashion icon and Blonde Venus owner, Thea Basiliou, scouts the globe to bring niche brands into her eclectic boutique.

“I always try to bring new labels to the store that people may not have seen before, and support upcoming designers – particularly small collections from local labels that you won’t find anywhere else,” says Thea.

The store stocks both international and Australian talent, including French label Jacquemus, and Melbourne brand Dress Up. If you’re after standout pieces, this is the boutique to visit.

Take a piece of Brisbane home in your
suitcase with local labels, including Harriet Sutherland’s so-cool-it-hurts leather collars and Holly Ryan’s beautifully delicate jewellery designs.

**Shop 3, 181 Robertson St, Fortitude Valley. Tel: +61 (0)7 3216 1735; blondevenus.com.au**

**DECK YOURSELF OUT IN PATTERNS**

**House of Cards**

Sometimes the best places are the hardest to find. It’s true for Brisbane label, House of Cards, which has its flagship store in Winn Lane, right behind Ann Street in Fortitude Valley.

Punctuated by pops of colour and graphic prints, House of Cards latest collection, *In Too Deep*, is in store now with glitchy prints and cyberspace-inspired designs that plug into the technology trend like never before. Connect with the “Loading” dress and “Log Out” overalls, and dream of becoming a social-media magnet with the awesome hashtag-printed “#Jumpsuit”.

Designer Ashiya Omundsen’s collections turn the mundane and uninteresting into the inspirational. Since launching the label in 2010, Ashiya knows exactly what

“**Our customer dresses to express themselves, isn’t hung up on trends, and needs to have a touch of colour – always!”**
devotees of the brand want to fill their wardrobe with each season.

“Our customer dresses to express themselves, isn’t hung up on trends, and needs to have a touch of colour – always!” says Ashiya.

Boyfriends needn’t hover awkwardly in the doorway here; Ashiya’s kooky cool designs extend to a men’s range, too (hello, matching outfits)!

5C Winn Lane, Fortitude Valley. Tel: +61 (0) 435 881 864; houseofcardsshop.com

ACCESSORISE WITH STONE
Molten Store

Stepping into this ethereal store sees tables drip with ornate crystal and gold curios. If you’re lucky, a harpist will be strumming serenely in the corner. This is the world of Molten Store, the online jewellery business brought into the real world by owner Jessy Cameron in its new James Street home.

After starting the store from her lounge room in 2011, the allure of launching a physical incarnation of the brand, coupled with the demand from Brisbane fans, inspired Jessy to open a flagship boutique.

“Our Brisbane customer base has cheered us on as we’ve grown up, so choosing to open our flagship in our home town was our way of expressing our gratitude. James Street is the perfect spiritual home for our brand. It’s a directional interpretation of the high street with a strong sense of neighbourhood,” says Jessy.

Brimming with beautiful accessories, be sure to fawn over Jessy’s perfectly bohemian edit of jewels, scents and accoutrement from across the globe.

46 James St, Fortitude Valley; moltenstore.com

“Most things we carry can’t be bought elsewhere”
PRE-LOVED GORGEOUSNESS
Sunday Social

Looking for handpicked vintage, sourced direct from destinations such as Japan and California? Then make Sunday Social your first stop.

Curated by owner Jess Barty, this sweet, sunny store has been bringing vintage goodness to Brisbane for the past four years. After selling her pieces at local markets, Jess set up shop in Winn Lane.

“We stock new and vintage items, so most things we carry are one-offs or small runs. Most things we carry can’t be bought elsewhere. Our customers like that they’re getting something original,” says Jess.

Spend hours dreaming of ’60s vacations with Jess’s well-stocked racks of pre-loved vintage clothing, walls stacked high with hats, and buckets of kitschy-cool jewellery.

SD Winn Lane, Fortitude Valley; sundaysocialstore.bigcartel.com

Travel info
Jetstar has great low fares to Brisbane and affordable hotel deals.
To book, visit Jetstar.com
Where the wild things are

The Otago Peninsula on New Zealand’s South Island harbours all manner of rare wild animals. The local community works to protect and conserve this wildlife.

**THE OTAGO PENINSULA** juts out into the waters of the South Pacific Ocean, its length dotted by hills, leading down to inlets and, finally, giving way to vast grey-blue ocean. The peninsula, located directly east of the South Island city of Dunedin, is home to some of New Zealand’s most distinctive wildlife. Spend any time here and you’re sure to spot seabirds such as albatrosses, cormorants, shags and skuas, several species of penguin, jewelled geckos, sea lions, fur seals, rare reptiles, and even whales.

At the end of Taiaroa Head, the furthest point away from the mainland on the peninsula, is the only breeding colony of any albatross species located on a mainland anywhere in the Southern Hemisphere.

“They’re the largest of all seabirds and have a wingspan of about three metres,” says Lyndon Perriman, head ranger for the NZ Department of Conservation at Taiaroa Head. “They nest generally in remote places, so seeing an albatross on land usually only happens in places that are difficult to get to.”

The Royal Albatross Centre, perched high on the head, allows visitors to get an intimate view of the endangered birds and their hatchlings without disturbing them – and without a long sea voyage to get there.

“The population here is about 250 birds in total,” says Lyndon. “Adults come in for egg-laying in November. The hatching happens in January or February, and the chicks are here until about September.”

Looking from the enclosed viewing platform at the Royal Albatross Centre in late autumn, the chicks look a bit like fluffy clouds – they are still yet to moult and grow their sleek adult feathers before they fledge. The parents are still caring for the...
chicks at this stage, protecting and gathering food for them. The ecosystem is fragile, like many affected by human habitation, and requires assistance from Lyndon and his team to breed successfully.

“There are times when we’ll intervene at the nest,” he says. The process includes checking eggs are fertile, encouraging infant-less pairs to foster other juveniles, supplementary feeding and protecting chicks against flies.

“We have a lot of issues with heat here,” says Lyndon. “Albatrosses are built for [cold] conditions, so when it gets warm, they stand up to cool themselves, leaving a hatching egg vulnerable to flystrike.”

The hard work is paying off. Out of 27 chicks hatched in the last season, all 27 chicks are healthy as at mid-June.

“It’s the highest number we’ve ever had at the colony,” says Lyndon, who notes this number has occurred only once before. Albatrosses are at their most impressive mid-flight when you can appreciate their three-metre wingspan – it’s clear what earned them the name “royal”.

Many operators take visitors out into Otago Harbour to see wildlife. On a Monarch Wildlife cruise, coasting out through the harbour into rougher waters off the head, we witness black and white cormorants ducking below the surface, New Zealand fur seals gambolling about below the cliffs, and several species of shag standing on the rocks waving their wings about.

“One recognisable, and also endangered, species calling the area home is the yellow-eyed penguin. Their unmistakeable yellow eye and crest of yellow feathers mark them out, and they’re well-loved as an iconic Kiwi species – they can only be found in New Zealand, and on the country’s $5 note.

“The fact that they’re found close to the city, and that it’s an endangered species,
The Yellow-Eyed Penguin Trust, which operates out of nearby Dunedin, aims “to work towards increasing numbers of yellow-eyed penguins on a self-sustaining basis within their natural coastal ecosystem”. The trust also runs an education program to raise awareness of the threatened species, talking to schools and working with landowners who may have yellow-eyed penguins on their property.

The caring for species on the peninsula is a team effort, with the action of one organisation benefitting many of the others, particularly when it comes to predator trapping. The work here is paying off for the little penguins, whose numbers have grown from 30 breeding pairs 11 years ago to 208 at last count.

The yellow-eyed penguin is a foresting penguin, requiring the vegetation for shade and shelter through its breeding season. The trust also runs an education program to raise awareness of the threatened species, talking to schools and working with landowners who may have yellow-eyed penguins on their property.

The caring for species on the peninsula is a team effort, with the action of one organisation benefitting many of the others, particularly when it comes to predator trapping. The same introduced predators – mainly stoats, ferrets and cats – that impact albatross and yellow-eyed penguin colonies, also affect the little penguin colony, which is located close to Taiaroa Head.

“We manage the land and do a lot of predator-control work,” says Sue. “Our plant nursery produces 1,500 plants per year, which are planted back into these coastal habitats,” says Sue. "The yellow-eyed penguin is a foresting penguin, requiring the vegetation for shade and shelter through its breeding season."

The work here is paying off for the little penguins, whose numbers have grown from 30 breeding pairs 11 years ago to 208 at last count.

To view the little penguins,
visitors gather at dusk at Pilots Beach down a steep walk from the Royal Albatross Centre. Depending on the time of year, the evening is just as cold as the morning. The birds, only about 30cm tall, form “rafts” out beyond the waves then travel to shore in groups.

As Hoani describes, “When they arrive on the beach, sometimes in their hundreds, in the middle of the breeding season in October and March, you’ll see them wandering up the beach on [tiny] legs. [They’re] carrying extra weight in food for their chicks so they have to waddle. They almost look like little drunk people.”

On the opposite end of the scale in terms of size, the southern right whale is making a comeback in the waters of Otago Harbour and offshore.

“Southern right whales used to be abundant around mainland NZ, but were [almost] wiped out by commercial whaling,” says Dr Will Rayment, a researcher with the University of Otago Department of Marine Science, based at the peninsula’s New Zealand Marine Studies Centre. “There was a period around the middle of the 20th century of mass hunting.”

SEE FOR YOURSELF

- **Monarch Wildlife Cruises & Tours**
  Take a cruise to see seabirds and seals in their natural habitat. Monarch also runs wildlife-themed photo safaris. [wildlife.co.nz](http://wildlife.co.nz)
- **Natures Wonders Naturally**
  A private farm running tours to see yellow-eyed penguins from concealed bird hides. [natureswonders.co.nz](http://natureswonders.co.nz)
- **Royal Albatross Centre + Little Penguins**
  See adult and juvenile albatrosses, depending on the time of year. Little penguin tours also operate from here. [albatross.org.nz](http://albatross.org.nz), [bluepenguins.co.nz](http://bluepenguins.co.nz)
- **Read this: Peninsula**
  Peninsula: Exploring the Otago Peninsula ($45, Penguin) by Paul Sorrell and Graham Warman offers a local’s insight to the region.
The reason Otago is [significant] is it used to be the most important calving ground for them," Will continues. "But Otago Harbour was the largest whaling station in New Zealand, and, at its peak, they were taking over 100 whales out of the harbour each year."

The species nearly died out locally, with estimated pre-exploitation numbers of about 30,000 whales, falling to possibly as low as 100. "Nowadays the NZ population is probably somewhere between 2,000 and 3,000," Will says. Otago Peninsula is a hotspot for sightings, but the whale has a long way to go to reach its previous abundance.

It's easy to see why the region is known as New Zealand's capital of wildlife – not only because of the abundance of exotic species, but because the local people care so much about the wildlife and are working consistently to protect them. Those involved in caring for the wildlife are keen for visitors to see the animals, but in the right way.

"What we'd say is respect the wildlife," says Sue. "If you see a penguin coming out of the water, crouch down low or it will go back out to sea. It's about human behaviour."

Jetstar has great low fares to Dunedin. Visit jetstar.com to book.

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Travel info

Jetstar has great low fares to Dunedin. Visit jetstar.com to book.

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Wildlife

ニュージーランドのオタゴ半島は、希少動物の宝庫である

ダニーデンの東に位置するオタゴ半島は、アホウドリ、オットセイ、ペンギン、さらにはクジラの生息地となっている。半島の先端にはアホウドリの繁殖コロニーがあり、絶滅が危惧されるアホウドリを間近に見ることができ、暖冬になると蝦夷の固定

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で跳ね回ったりする様子や、多くの海鳥を観察することもできる。そして、もうひとつの絶滅危惧種であるキンメペンギンは、生息地管理のほか、捕食動物の監視と繁殖時期に必要な日巣の設置を確保するた

め、在来種の植林にも取り組んでいる。

先の団体の活動が他にも大きい結果をもたら

ている。11年前に30只のコガタペン

ギンの繁殖ペアは、捕鯨によると208ベ

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人気が高いが、クジラの生息数が従前の

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この地域がニュージーランドにおける野

生の中心地と呼ばれる理由には、希少動

物の多さだけでなく、地元の人たちが野生

保護にも熱心で、“尊厳もどす野生に接

している”ということではないだろうか.

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Travel info

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LOCAL HANGOUTS
Surry Hills and Redfern have got a cool new image

IN MEMORY OF NOW

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L O C A L
H A N G O U T S
Surry Hills and Redfern have got a cool new image

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Redfern rocks. Surry Hills is hot.

SYDNEY IS COOL

Here’s why we think they are the two coolest inner-city suburbs right now

WORDS JAMES COTTAM • PHOTOS JONATHAN CAMI

Once upon a time, Surry Hills and Redfern were two of the cheapest places to live in Sydney. But over the past decades, both suburbs have been gentrified and redefined. New designer apartment buildings have risen among traditional terraces, and uninhabitable houses in either suburb will now set you back well over a million dollars. New blood has brought life and custom to the area. Both suburbs still have a strong sense of community but it’s a community that is expanding.

Surry Hills’ main streets – Crown, Bourke and Foveaux – are filled with swanky restaurants and wine bars, along with clothes designers and artisanal bakeries.

Redfern is the newest dining and drinking destination in Sydney. New businesses are still moving in and jostling for their spot on the couch, but residents are really excited to be there. Retro and designer homewares stores line Regent Street, rubbing shoulders with old-school local traders.

We spoke to local businesses in both suburbs and asked them what they love about their location. Surry Hills is established, slick and high-end. Redfern is cooler, younger and more down to earth. Some even say whatever Surry Hills can do, Redfern can do better. But both suburbs are well worth your time on your next Sydney trip.
Ben Milgate and Elvis Abrahanowicz opened their first Surry Hills restaurant in 2006 when the Hills were still somewhat down at heel. Five years ago they opened their second, Porteño, in a huge old reception venue on Cleveland Street. The food is prepared Argentinian style – fire-cooked meat, including the famous, crispy, whole lamb and pig. The ambience is also straight from South America. Weeks were spent scouring flea markets, sourcing tiles and buying furniture in Argentina. Head to Gardel’s Bar upstairs for a drink and graze the bar menu.

**TRY THIS!** While Porteño’s meat dishes are stars here, another great dish is the brussel sprouts, which are flash-fried, served with lentils, mint, parsley and a biting mustard dressing.

“When we opened our first place in Surry Hills there was nothing nearby but a ‘house of ill repute’. It was dodgy and gritty and we loved that. It’s more up-market now, but still keeps its edge.”

- BEN MILGATE

Porteño is open Tue–Sat from 6pm. They offer two seatings – 6pm–8:30pm or 9pm–close. 358 Cleveland Street, Surry Hills, NSW. Tel: +61 (0)2 8399 1440; porteno.com.au

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**MEATLOVERS**

Porteño is a Surry Hills destination for those craving fire-cooked meats.
When Selena Murray, Adrian "Age" Durrant and Lenna Boord set up The Eathouse Diner in 2010, their shop had been vacant for several years. The well-travelled trio decided Redfern needed a US-style diner with Australian comfort food – albeit with a hint of the South. It worked; the influx came quickly, with locals dining in and new businesses moving into the area. The food is simple, delicious and the bar is well stocked. You can just drop in to the '50s-style bar for a Señorita – a chilli-infused tequila and Cointreau cocktail mixed with grapefruit and lime juice. Look for the big ‘EAT HERE’ sign on Chalmers Street.

TRY THIS! The signature dish has to be the old-school banana split. Leave some room for it!

“Redfern is fantastic. It’s such a mix – oldies, the young, families, everyone. The biggest change was suddenly having people come in from everywhere rather than just our locals.”

– AGE DURRANT

The Eathouse Diner is open Mon–Sat for dinner from 5pm. Saturday for brunch and lunch; and Sunday 9am–3pm. Kitchen closes at “9ish” Mon–Wed and “10ish” Thurs–Sat. 306 Chalmers Street, Redfern. Tel: +61 (0)2 8084 9479; eathousediner.com.au

Coolest restaurant
The Eathouse Diner

Redfern locals drop into The Eathouse Diner for satisfying meals.
If you are looking for a vintage drop of wine, it’s hard to pass by Mille Vini on Crown St, in the heart of the Surry Hills precinct. The eight-year-old wine bar is Italian in its inspiration but has been given a stylish, contemporary twist by its owner, Rhaad Fogarty. The candle-lit venue is slick, intimate and casual – drawing in a strong crowd of locals, regulars and all-comers on the busy weekends. There is almost too much to choose from with about 14 different wines available by the glass and a range of 70 in the bottle to select from.

**TRY THIS!** Try a glass (or bottle) of the Feudi di San Sud Negroamaro Salento. From Puglia, in Italy’s south, it’s big and juicy. $12 a glass or $52 a bottle.

“What do I love about Surry Hills? There is always something happening.”
- RHAAD FOGRATY

Mille Vini is open Mon–Thu 5pm–10pm; Fri–Sat 5pm–midnight; Sun 5pm–10pm. Lunch hours: Monday–Sunday 12pm–3pm. 397 Crown St, Surry Hills, NSW. Tel: +61 (0)2 9357 3366; millevini.com.au

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If Surry Hills is all about wine bars, then Redfern is all about funky small bars. In 2011, The Dock opened – one of the first cool bars in the area. Close to the corner of Regent and Redfern Streets, it’s what you want in a bar – small and cozy. Fairy lights contribute to the mood and everything has a rough-hewn and relaxed feel to it. The bartenders love to have a chat and will draw enough out of you to recommend a fabulous drink. On the other hand, if you just want a brew, they will readily serve you a pint from a rotating roster of craft beers.

**TRY THIS!** The bar’s specialty is its list of “Docktails”, which are handcrafted cocktails (classic and new) but with just a little something different. Make sure you try an Old Cuban, which is a heady mix of rum, bitters and sparkling wine!

“Redfern is a community with amazing character. It’s a celebration of cultural and social diversity. The influx of a broader demographic has thrown everyone together, wealthy, poor, young and old. You never know who’s going to come in; it’s a total grab bag. There’s a place for everyone and that’s what we have always loved about it.”
- DAN O’LEARY

The Dock is open Mon–Sat from 3pm–12pm and Sundays 3pm–10pm. 182 Redfern Street, Redfern, NSW. Tel: (0)405 757 458; thedockredfern.com
There has been a pub on the corner of Wentworth Avenue and Goulburn Street since 1912, but former regular patrons would barely recognise it after its 2014 makeover. It still feels big and pub-like with high ceilings and the original pub tiles peeking out here and there.

However the vibe is Latin and Cuban and the “Bar Publico" is stocked with some of the finest wines South America has to offer. There is fine dining upstairs and BBQ and bar food downstairs. Harry’s is a friendly and colourful place, great for large groups and in summer, is going to be tremendous!

**TRY THIS!** Street-side Latin BBQ from a custom-designed, wood-smoked barbacoa. True to its origin, you can order your meal directly from the street at the side of the hotel.

“I love the diversity; Surry Hills feels like a hub for arts and culture. I also love the new burst of gentrification and the rebirth of the abandoned end of Surry Hills. It’s new folk this time, not age or money bracketed, but Kore of an attitude bracket. It’s all very positive vibes at the moment.” – **KIRI HANCE, MANAGER**

Hotel Harry is open 11.30am–3am daily. 40–44 Wentworth Avenue, Surry Hills. Tel: +61 (0)2 8262 8800; hotelharry.com.au

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**SURRY HILLS**

**Coolest pub**

**Hotel Harry**

Patrons enjoy Hotel Harry’s recently renovated space for dining and drinking.
Decked out like a cross between a naughty boudoir and Auntie Mabel’s place, The Bearded Tit is a bar that feels like a pub. Actually, it’s better than all the local pubs put together. There’s an aluminum caravan in the courtyard, live music and art all over the place. It’s considered an art venue as much as a drinking destination. The staff are friendly, interesting and casual whilst providing effortless service. There are always good craft beers on tap and the wine and spirits list is... prodigious.

SIGNATURE: At the Tit, it’s all about surprise and serendipity – expect the unexpected. We caught an incredible, ear-splitting live performance from a famous local musician who was celebrating her birthday here but would prefer not to be named. True story.

“Redfern is the eye of the storm of ‘our’ Sydney – between the inner west, Surry Hills, the city and Darlinghurst. It has a rich, important history of diversity, Indigenous cultural activity and creative expression. As you enter, we have a sign declaring our love for Redfern and her community.” - EMMA PRICE, CO-OWNER

“The Tit” is open Mon–Thurs 4pm–12am, Fri–Sat 12pm–12am, and Sundays from 12pm–10pm. 183 Regent St. Tel: +61 (0)2 8283 4082; thebeardedtit.com
Insight SYDNEY

**SURRY HILLS**

**Coolest bakery**

Bourke Street Bakery

Bakers David McGuinness and Paul Allam started Bourke Street Bakery in 2004 when they fell in love with the shop-front window. It became a community staple and if you’re late, all you’ll find is an empty window. The vibe is low fuss and the quick can snaffle a coveted outside table. Grab a coffee and croissant or excellent sandwich. Make sure you take one of the artisanal loaves home. They’re top quality and have led to the Bakery’s seven-storey expansion across Sydney.

**TRY THIS!** David recommends the semolina and buttermilk loaf but, when pushed, admits that the signature is the sausage roll. Pork and fennel is neck-and-neck with lamb, almond and harissa for popularity.

“We love the suburb, the beautiful streets, day-to-day community feel and how close you are to the city. When you’re in the bakery, it doesn’t feel it’s changed that much, but it has. It’s more gentrified now, no doubt about it, and a real food hub. Surry Hills always had great places to eat but there’s a real concentration now.”

- DAVID MCGUINNESS

Bourke Street Bakery is open from 7am–6pm Mon–Fri, and 7am–5pm Sat–Sun. 633 Bourke St, Surry Hills. Tel: +61 (02) 9699 1011; bourkestreetbakery.com.au

**REDFERN**

**Coolest bakery**

Breadfern

Four years ago, Michel Alkobi and Lior Manheim opened the Tapeo Tapas bar on Redfern Street, eventually adding a gluten-free bakery and ruling their corner. In October last year, Michel sold his share and headed across the road to start his own corner empire. They had a hectic start, opening on Grand Final day, when local NRL rugby league team, the South Sydney Rabbitohs, won – “the craziest day you can imagine!”. Breadfern combines Michel’s Spanish-Moroccan heritage with the skills of Keren Klein, head baker and business partner. They provide five or six styles of bread daily, along with pies and sweet pastries. Grab a coffee and hit the park opposite.

**TRY THIS!** The delicious sun-dried tomato loaf is covered in pumpkin seeds and requires nothing more than a knife with which to cut it.

“This is a super colourful, beautiful place. When I first came it seemed like a place you could use creativity and drive to make something new. The biggest change is money – there’s more in the area with more families and more competition. Look! There are coffee shops everywhere!”

- MICHEL ALKOBI

Breadfern is open every day from 6am–3pm. 308 Chalmers St. Tel: +61 (02) 8065 3959; breadfern.com.au

**Visit jetstar.com to book**

Jetstar has great low fares to Sydney.
Jetstar now has 15 domestic destinations within Vietnam, spanning from Phu Quoc in the south-west, to Hanoi in the north. Ho Chi Minh City acts as a hub for Jetstar’s Vietnam operations, meaning you can use it as a starting point to discover other amazing places. Just fly to Singapore with Jetstar Australia, then to Ho Chi Minh City with Jetstar Asia.

DID YOU KNOW?

Jetstar now has 15 domestic destinations within Vietnam, spanning from Phu Quoc in the south-west, to Hanoi in the north. Ho Chi Minh City acts as a hub for Jetstar’s Vietnam operations, meaning you can use it as a starting point to discover other amazing places. Just fly to Singapore with Jetstar Australia, then to Ho Chi Minh City with Jetstar Asia.

IF YOU ONLY EVER EXPERIENCE ONE VIETNAMESE CITY ON YOUR TRAVELS, MAKE SURE IT’S THE PLACE FORMERLY KNOWN AS SAIGON

WORDS ELISABETH KNOWLES
THERE ARE FEW PLACES LEFT in the world that are so different to the one in which you live that you experience culture shock – or as I prefer to call it, cultural excitement. This, after all, is the reason why travel-lovers get on a plane in the first place: to go somewhere else and experience something completely new. There is nothing quite like being in a foreign country, surrounded by people who speak a different language, sampling food made with different cooking techniques, ingredients and flavours, and shopping in crazily crowded markets with masses of fresh vegies and strange-looking fruit to try, and just taking it all in.

Travel makes you more accepting of other people, question your own assumptions (they are not always correct!), and much more open to adventure. That’s what I love about Vietnam, and, in particular, Ho Chi Minh City. As a holiday destination, it’s not only mind expanding, it’s just plain fun. And a visit is always affordable with Jetstar.

HERE’S WHY WE LOVE HO CHI MINH CITY:

PHOTOGRAPHY: Vietnam offers terrific photo opportunities wherever you look, and a trip to Ho Chi Minh will require more than one SD card (to be on the safe side, pack an external hard drive for backups!). The first thing you’re likely to notice is the traffic, which positively throbs with motorbikes, bicycles, cars, small trucks and pedicabs (and you thought Bali was full-o’). While it can be frightening to cross the road at times (our tip is to wait with locals and cross with them – they know what they are doing), street scenes with traffic always look great because they capture the essence of the city through the wide array of vehicles and people, without being too intrusive on their subjects.

Speaking of which, it’s good to know the etiquette of taking photos featuring people. Street vendors, in particular, make for evocative holiday snaps in Ho Chi Minh City. Each vendor usually sells just one thing – wicker baskets, plastic bags full of goldfish, flowers, fruit, anything you can think of – all strung up on their bicycles. Curbside hairdressers look fantastic too. But: please don’t just snap away. While a candid shot from ten feet away may be fine, if you want to take a portrait, please ask if it’s okay first, even in mime. Most people are okay with photographs, especially kids, who may even ask to have their picture taken.

The juxtaposition of old and new buildings can also make for a great shot. For example, the Bitexco Financial Tower is an oddly-shaped glass structure that rises 68 floors above a surrounding landscape of low-rises. Head up to the Saigon Skydeck on the 49th floor to get fantastic 360-degree cityscapes against the Saigon River. The tower is open from 9.30am to 9.30pm daily, so you can capture colourful long-exposure night scenes too.

Bitexco Tower > 2 Hai Trieu St, District 1, Ho Chi Minh City; www.bitexcofinancialtower.com

THE FOOD: As in most Asian countries, street food is often the best food – and it’s always the cheapest. If you are unsure of where to go, the best idea is to take a food tour.
We recommend Saigon Street Eats, which is run by a local couple – Aussie expat Barbara and her Vietnamese partner Vu. Their morning tour sees you eat pho for breakfast, then visit a fresh-food market. The evening Seafood Trail tour takes in a night market where sea snails are eaten with a safety pin instead of a fork, and the journey ends with a traditional Vietnamese hot pot. There’s also a quick Street Food 101 tour that will familiarise you with local delicacies so you can then go on to choose your own during the rest of your trip. Book online at saigonstreeteats.com

For traditional Vietnamese rice-paper rolls and other simple lunchtime snacks, try Wrap and Roll. While it is a chain restaurant that can be found in multiple locations around Vietnam, the food here is fresh, clean, cheap and delicious. Order the cha gio con tom (shrimp spring rolls) or the banh xeo (crispy fried rice-flour pancakes with savoury filling). 97 Nguyen Trail Street, District 1, Ho Chi Minh City; wraproll.vnnavi.com.vn/en

For fine dining with fab views, head back to the Bitexco Financial Tower, where Eon51 is located. It’s best to book online well in advance of your trip for this special dining experience. Don’t forget to have a pre-dinner drink at the Heli-Bar on level 52. Level 51, 2 Hai Trieu St, District 1, Ho Chi Minh City; eon51.com

You’re unlikely to crave Western food when there’s so much yummy local fare around, but if you do happen to desire pizza, try PizzaFourPs (which stand for “platform of personal pizza for peace”). Their margherita is out of this world as it’s made with homemade mozzarella, house-made camembert, gorgonzola, parmesan, fresh cream and olive oil. 8/15 Le Thanh Ton, District 1, Ho Chi Minh City; pizza4ps.com

For a list of the best food markets in Ho Chi Minh, go to vietnamtravel.org/night-markets-saigon
**The Fashion:** Traditional cultural costuming is just beautiful. The national dress, áo dài (or long garment), is a tight-fitting silk tunic, worn over matching pants. Both men and women wore them from 1744 until the turn of the century, and many modern designers continue to create them in beautiful, colourful fabrics. Ben Thanh Markets sells ready-made áo dài in adults’ and kids’ sizes.

There are many tailors in Ho Chi Minh City who will create a custom áo dài for you, using your choice of fabric from their store. Try the fabric stores along Duong D3 (off Dien Bien Phu Hwy). Or browse both traditional and modern áo dài at Vietnamese tailor, Ao Dai Vinh. 39/7 Hoang Du Khuong, Ward 12, District 10, Ho Chi Minh City; aoaidivinh.com

**The History:** Ho Chi Minh’s History Museum has exhibits on Vietnamese history from prehistoric times, through to the feudal monarchy of the Nguyen Dynasty (1802–1945). There are also interesting examples from other cultures, including Cambodian stone carvings, and antique cannons from the French invasion of Saigon in 1859.

**Visit:** 2 Nguyen Binh Khiem, District 1, Ho Chi Minh City; boatanglichsu.vn.com

Those more interested in modern military history will be intrigued by the War Remnants Museum, which shows the effects of the Vietnam War on the country it was fought in.

**Visit:** 28 Vo Van Tan, in District 3, Ho Chi Minh City; warremnantsmuseum.com

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**Insight Vietnam**

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A beautiful, Art-Deco boutique hotel that has been operating since 1925, the Hotel Majestic Saigon is located alongside the Saigon River in the heart of Ho Chi Minh City. As well as beautiful views, it has 175 guest rooms (with balconies), a pool, and six bars and restaurants including the open-air Breeze Sky Bar, which has all-day alfresco dining. If you are inspired by what you eat around town, you can book yourself into a Vietnamese cooking class conducted on site. 1 Dong Khoi Street, District 1, Ho Chi Minh City

**Book it yourself!**

You can book an affordable stay at this great hotel through Jetstar. Call 1300 360 520 or go to jetstar.com/hotels
SHORT BREAKS & DRIVING HOLIDAYS
ROAD TRIPS ARE GREAT FUN. WE LOVE THESE SHORT BREAKS FROM JETSTAR PORTS AROUND AUSTRALIA

NSW VIC QLD TAS WA SA

WORDS LEE ATKINSON
tart at the twin towns of Tea Gardens and Hawks Nest on the northern shore of Port Stephens, around three hour’s drive north of Sydney or 45 minutes from Newcastle. There is a koala sanctuary here and you’ll often spot koalas around the village streets, as well as a resident pod of dolphins. Take the coast road to Mungo Brush deep inside Myall Lakes National Park. This shady, lakeside clearing beneath the tea trees is a great place to unpack a picnic.

The road rejoins the highway near Bulahdelah but don’t stay on it for long – the Lakes Way to Forster winds through Bulahdelah State Forest and along the shores of Myall Lake. Turn off to Seal Rocks, a sleepy fishing village where fisherfolk sell shells outside their boathouses and the pace of life is about as relaxed as you can get. Soak in some sea-forever views on the walk up to Sugarloaf Lighthouse on the point overlooking the beach.

Take the ‘back way’ to Port Macquarie along the coast road from Kew through Laurieton. In Laurieton, the lookout atop North Brother Mountain has good views over the Camden Haven and its expanse of waterways and beaches. Follow the riverwalk along the Camden Haven River and watch the pelicans swoop down to steal fishy scraps from the fishos cleaning their catches. From Laurieton the coast road cuts its way through heath-covered sand dunes, over headlands with views along endless stretches of beach, and skirts the shores of Lake Cathie (pronounced ‘cat-eye’). In spring, the bush beside the road is carpeted with Christmas bells and flannel flowers. Time your drive into Port Macquarie to coincide with the 3pm feeding at the Koala Hospital in the grounds of Roto House in Lord Street and stretch your legs along the boardwalk at nearby Sea Acres, the second largest coastal rainforest reserve in NSW.

**For more information on this driving route, go to visitnsw.com/destinations/north-coast**
Get lost in the maze of local roads that wind through valleys and villages

Back in the car it’s about a 30-minute drive south to Lismore, and another half hour or so to Ballina on the mouth of the Richmond River. Stop en route to play nine holes of golf in the rainforest at Teven Valley Golf Course, break for lunch and some shopping at Bangalow, or wind your way along the coast back towards Byron Bay.

For more information on this driving route, go to riversoflife.com.au

Travel info

Jetstar has great low fares to Ballina/Byron Bay.

To book, visit jetstar.com
GRAND PACIFIC DRIVE

DISTANCE FROM SYDNEY: 33KM
LENGTH OF DRIVE: 327KM

rand Pacific Drive is a cliff-hugging, breathtakingly scenic route that meanders along the coastline just south of Sydney. A highlight is the 665-metre-long cantilevered Sea Cliff Bridge that curves around the cliffs 50 metres out to sea. But it’s not just the amazing views that make this road trip so special; this stretch of coastline is packed with beautiful sights.

Explore Royal National Park (the world’s second oldest national park), stop for a swim at any number of surf beaches, eat fish and chips beside the sea, and visit Nan Tien Temple, the biggest Buddhist temple in the southern hemisphere. Walk through lush rainforest to a beautiful waterfall at Minnamurra, take in the jaw-dropping views from the Illawarra Fly treetop canopy walk, watch the sea whoosh through a blowhole in the rocks at Kiama, and treat yourself to some amazing donuts at Berry Donut Van before a spot of retail therapy in the stores that line Berry’s main street.

It’s an easy drive from Sydney; make a weekend of it and take the long way state’s prettiest. Take a short detour to Manning Lookout for dramatic views over the valley and drive over historic Hampden Bridge, the oldest suspension bridge in Australia. From the valley floor, the road twists up the mountain to Fitzroy Falls, where you can look out over the dramatic waterfall that tumbles 82 metres to the ground below.

For more information on this driving route, go to grandpacificdrive.com.au
For more information on what to do and where to stay in and around Wollongong, visit visitwollongong.com.au

Travel info
Jetstar has great low fares to Sydney.
To book, visit jetstar.com
The Dandenong Ranges are home to the tallest flowering plant on the planet.

Highway, you’ll travel across the vine-clad hills that lead into the famous Yarra Valley wine region. There’s a range of great cellar doors where you can try some of the area’s renowned wines. Don’t miss the TarraWarra Museum of Art, currently showing the exhibition *The Triumph of Modernism*, and Healesville Sanctuary, where you can watch birds of prey in full flight.

The Black Spur between Healesville and Narbethong is a narrow 10km section of the Maroondah Highway that winds its way through lush green forests. From Marysville, take Lady Talbot Forest Drive, a round trip of 46km, into the Yarra Ranges National Park where you’ll drive through old-growth rainforest before heading back to Melbourne.

For more information on this driving route, go to visitdandenongranges.com.au

Jetstar has great low fares to Melbourne. To book, visit jetstar.com
The Great Alpine Road, stretching 300 or so kilometres from Wangaratta to Bairnsdale, is one of the country’s best mountain drives. It begins in northern Victoria, not far from the Murray River, and takes you high into the ski fields of the Australian Alps before finally bringing you out, a stone’s throw from the coast, in east Gippsland.

As you climb up into the mountains from Bright, you’ll catch glimpses of the valley below, but, once you enter Alpine National Park, the road sits atop the ridge of the mountain for about 30km. This section of the drive has spectacular views on both sides of the road as you drive high above the snowline, winding amongst the skeletal snow gums through Hotham and Dinner Plain before descending towards Omeo and on to the coast.

Make a loop of it by circling back to Bright from Omeo via Falls Creek across the Bogong High Plains. It’s a glorious drive with sweeping views that skirt the edge of Rocky Valley Dam. Much of the trip is inside the boundaries of Alpine National Park and there are plenty of places to stop.

The Great Alpine Road is fully sealed and open all year, but the Bogong Alpine Way closes between Falls Creek and Omeo during winter (access to the ski resort from Bright and Mt Beauty remains open). Unless you’re keen on skiing, the best time to do this drive is in the warmer months or during April and early May.

For more information on this driving route, go to victoriashighcountry.com.au

Where to stay
There are over 100 individual chalets, apartments and lodges at Mount Hotham. To choose one that’s right for you, go to saltwaterproperties.com

Make a loop of it by circling back to Bright from Omeo via Falls Creek

Travel info
Jetstar has great low fares to Melbourne.
To book, visit jetstar.com
ust one hour from Brisbane, half an hour from the Gold Coast, is a stunning world of mountains, rainforest and World Heritage–listed wilderness. Known as the Scenic Rim it’s a chain of craggy mountains and high tablelands cut through with fertile valleys, and dotted with historic townships and magnificent rainforests.

First stop should be Tamborine Mountain, around an hour’s drive south of Brisbane. The air up here is cooler and the views from the plateau are fantastic, but the drive is steep, winding and narrow. Stop and explore the villages and rainforest walks, then keep following the main road west, through Beaudesert to Boonah, where you can do a loop to Warwick and back via Killarney. It will take around four or five hours – depending on how much you dawdle along the way at places like Kalbar, which is full of classic Queensland architecture, or Lake Moogerah with its extensive lakeside picnic areas. Highlights along the way include the views at Spicers Gap, grand architecture and historic houses in Warwick, and the 45-minute walk from the lookout at the top of Queen Mary Falls. Stop at Spring Creek Mountain Café just east of the falls afterwards for a slice of cake served with sublime views.

For more information on this driving route, go to visitscenicrim.com.au

Spicers Gap, grand architecture and historic houses in Warwick, and the 45-minute walk from the lookout at the top of Queen Mary Falls. Stop at Spring Creek Mountain Café just east of the falls afterwards for a slice of cake served with sublime views.

For more information on this driving route, go to visitscenicrim.com.au

LEGENDARY PACIFIC DRIVE

Sydney–Brisbane

When driving along the NSW north coast from Sydney to Brisbane take the time to get off the highway and onto the back roads. There’s plenty to see including beautiful beaches, World Heritage–listed national parks and rainforest, fertile farmland, valleys and plenty of interesting villages and regional towns. Top spots to stop along the way include Port Macquarie, Coffs Harbour, Yamba and Byron Bay (beaches and laid-back everything).

For more information on this driving route, go to pacificcoast.com.au

Travel info
Jetstar has great low fares to Brisbane.
To book, visit jetstar.com
Great Tropical Way

Distance from Cairns: 2km
Length of Drive: 325km

Captain Cook Highway, from Cairns to Port Douglas, hugs the coastline for most of its 67km. It lends stunning views of the rainforest which spill down the mountainside to meet the sea in a necklace of deserted white beaches.

Mossman Gorge is a beautiful boulder-strewn river gorge in dense rainforest, 20km north of Port Douglas – explore it on one of two Dreamtime Gorge Walks, run by Indigenous guides. Take a detour to where the rainforest meets the sea at Cape Tribulation in the Daintree rainforest, 64km north of Mossman.

The road is sealed, but you’ll need to take the ferry across the Daintree River. Back in Mossman, cut across to the Mulligan Highway and head to Cooktown, which, unlike Port Douglas, still has a last frontier feel.

Circle back to Cairns via the Atherton Tablelands, where the rainforest gives way to fields of sugar cane, paddocks of macadamia and mango trees, and fruit-laden orchards. This is also coffee country – almost all of Australia’s coffee is grown in the Mareeba area and you can join a plantation tour at Skybury’s Australian Coffee Centre.

Atherton is 33km south, and worth the detour to visit Hou Wang Temple – almost all of Australia’s coffee is grown in the Mareeba area and you can join a plantation tour at Skybury’s Australian Coffee Centre.

For more information on this driving route, go to cairns-greatbarrierreef.org.au

Take a detour to where the rainforest meets the sea at Cape Tribulation

the only reminder of the flourishing Chinatown that was here during the nineteenth century gold rushes.

The final run back to Cairns snakes down the mountain in a series of tight, twisting switchback turns through World Heritage-listed rainforest, a fitting finale to one of Queensland’s best holiday road trips.

For more information on this driving route, go to cairns-greatbarrierreef.org.au

Travel info
Jetstar has great low fares to Cairns.
To book, visit jetstar.com
The drive from Lake St Clair to Strahan is spectacular. The first 80km section winds through the Franklin–Gordon Wild Rivers National Park. The steep quartzite mountains and plains trace the path of an ancient glacier. It seems as if a new jagged-edged mountain rises up around every curve.

The contrast when you reach the surreal landscape surrounding Queenstown is quite shocking. Alpine wilderness is transformed to a moonscape of treeless, eroded hills where the vegetation has been killed by almost a hundred years of tree felling, sulphurous pollution from smelters and bushfires. The steep drive down the mountain’s hairpin turns is quite exciting. It’s 37km on to Strahan beside the sea at the mouth of Macquarie Harbour.

For more information on this driving route, go to discovertasmania.com

Anywhere in Tasmania makes for a great driving holiday, but the northern coastline is an unsung treasure. From the beaches of the Bay of Fires, the main route across the top of the island travels through rainforest, wine producing areas around Piper Brook and the Tamar Valley, along the coastal Bass Highway past fishing villages such as Stanley to finally reach the wilderness of the west coast at the Edge of the World lookout. Best of all, Launceston is roughly in the middle, so you can split this drive in half if you are short of time: choosing whether to head east or west is the tricky bit.

For more information on this driving route, go to discovertasmania.com

Travel info
Jetstar has great low fares to Launceston and Hobart.
To book, visit jetstar.com
Australia’s most accessible desert is a two-hour drive north of Perth, inside Nambung National Park near Cervantes. Known as The Pinnacles Desert, thousands of huge limestone pillars rise out of a stark landscape of yellow sand. Some are jagged, sharp-edged columns, rising to a point; others squat and rounded like a gravestone; some are little more than triangular-shaped boulders emerging from the dunes. All of them are totally surreal. The towers were formed as seashells dissolved inside the dunes, which then eroded away leaving the crazy spikes that exist today. Unlike most desert crossings, you can drive through this desert in a normal 2WD car along the 4km Pinnacles Loop Drive.

For more information on this driving route, go to visitpinnaclescountry.com.au

While you’re here

Next time you’re in Perth, be sure to visit Rottnest Island, just a 30-minute ferry ride away. It makes a great nature break thanks to white-sand beaches and bicycle-friendly pathways. It’s well worth staying overnight. For accommodation options, go to rottnestlodge.com.au

Jetstar has great low fares to Perth. To book, visit jetstar.com
South Australia’s Kangaroo Island is akin to going on wildlife safari. The island’s rolling hills, covered in farming land, disguise a menagerie of creatures. Close to half the island is either bush or national park, and it’s home to some of the most diverse wildlife you’ll find concentrated in one area: 4,000 penguins, 6,000 fur seals, 600 Australian sea lions, 5,000 koalas, 15,000 kangaroos, 254 species of birdlife and somewhere between 500,000 and a million tammar wallabies.

But it’s not just the wildlife that makes Australia’s third largest island one of the best spots for a holiday road trip; there’s also deserted beaches and rolling surf, magnificent scenery, the chance to walk with wild sea lions at the mis-named Seal Bay and fantastic food and wine. Getting your car there on the ferry is easy – Kangaroo Island SeaLink ferries depart several times daily from Cape Jervis, around 90 minutes’ drive south of Adelaide.

The best way to explore the island is in three day-trips to three corners of the island: Cape Willoughby, Cape du Couedic and Cape Borda, or follow one of the new Farm Gate and Cellar Door Trails – there are three itineraries, each about a full day’s drive. For more info on this driving route, go to tourkangarooisland.com.au

**A drive around Kangaroo Island is akin to going on wildlife safari**

Jetstar has great low fares to Adelaide. To book, visit jetstar.com

Great Aussie Road Trips
Lee Atkinson is the author of Driving Holidays Around Australia ($39.95, Explore Australia). It includes 40 classic road trips – from weekend jaunts into the Blue Mountains near Sydney, and foodie wine country getaways, to something more extended in Australia’s outback. Each tour has maps, information on the best time to travel, itinerary options, attractions in towns, national parks, food and accommodation listings and a “kids’ spot” for family road trippers. Available from bookstores or explore.net.au
In the know

In the know

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In the know

Kyoto, Japan

Gion in Kyoto is famed for the Geisha who take part in the Gion Matsuri

GEISHA GIRLS

Gion in Kyoto is famed for the Geisha who take part in the Gion Matsuri

KYOTO, JAPAN

EXPLORE MORE

FLOATS OF FANCY

Japan is humid and prone to rain in July but that doesn’t stop Kyoto locals getting into the streets for the Gion Matsuri, the city’s colourful, month-long festival. Named after Gion, Japan’s most exclusive Geisha district, the Gion Matsuri is one of the country’s most famous celebrations. It includes the beautiful Hanagasa Flower Hat Parade and the Nagoshi no Harae Summer Purification ritual, but the festival highlight is definitely the Yamaboko Float Parade on 17 July, where enormous and intricate floats, weighing up to 12 tonnes, are inched down the city’s main streets. Three days leading up to the parade (14–16 July), the streets are given over to the floats, celebrations, games and eating. Keep your eyes peeled for traditional Geisha and don a yukata to really feel part of the festivities. The 2015 Gion Matsuri is on 1–31 July. Visit japan-guide.com for more details.

Jetstar has great low fares to Osaka and Tokyo. Visit Jetstar.com to book
Queensland Charity, Orange Sky Laundry, has been announced as the latest recipient of a Jetstar Flying Start grant. Founded last year by best mates Lucas Patchett and Nicholas Marchesi, Orange Sky Laundry is the first free mobile laundry service for homeless people living in Australia.

The service aims to restore respect, raise health standards, and reduce the strain on resources for Australia’s 105,000 homeless men and women. The grant, made up of $15,000 in cash and $15,000 worth of travel with Jetstar, will be used to secure a new custom-built van, fitted with industrial washers, to allow the charity to expand into Victoria and operate full-time interstate.

If you know of a community group in need of a Flying Start, visit jetstar.com to find out more and apply.

We’re excited to announce that we are increasing the number of options on our pre-purchase menu. From this month, you will be able to choose from 16 delicious options, including three farm fresh deli salads from Aussie favourite Sumo Salad.

Priced at $10.00, Sumo Salad’s Chicken Penne, Lentil & Tabouleh and Pumpkin Cous Cous Salad are three of the options that will be available on board as part of the pre-purchase menu from 15 July for selected Jetstar Domestic Australia and Jetstar international flights.

Head to jetstar.com to pre-purchase ahead of your next flight.
Beating the traffic
World Vision and StarKids is using education to help stop youths being trafficked in Vietnam

**VIETNAM**

Human traffickers have many tricks to enlist workers they can then exploit. They use manipulation, threats, intimidation and false promises. They know how to approach children and youths in vulnerable communities in order to achieve their very questionable ends – to sell people into forced labour, prostitution, dangerous jobs or worse.

While the threat of child trafficking hangs over many Vietnamese communities, there’s widespread ignorance of the issues involved and the techniques that human traffickers employ. Unfortunately, this makes it much easier for children to fall into their hands.

In north Vietnam, World Vision with the help of StarKids is combating the problem by running local education programs. Children can join youth groups where they’ll find out how to keep themselves safe, and gain the confidence to pursue their goals. Parents can attend monthly meetings and learn about child rights, the causes of trafficking, and how to protect their children from traffickers. Now, many mothers choose to walk their children to school, and can teach them from an early age about “stranger danger” and why it’s important to play in groups.

Nguyen Van Mao, a farmer from the Yen Bai province, no longer worries that he’ll lose his daughter to human traffickers. “I’ve heard stories of people who went missing, or people who went away for work and then didn’t come back, so I was always concerned that, when the children grew up, something like that might happen to them. My wife and I are happy that Nga goes to the youth group now”, he said.

**DANGER AWARE**

Education sessions help kids like Nga (right) recognise the tricks of human traffickers

Make your destination a better place for children and communities in need.

The StarKids partnership between Jetstar and World Vision Australia supports humanitarian relief and community-based development projects in Australia and across Asia. It’s about transforming the lives of families and communities living in poverty, and giving children a brighter future. For more information visit jetstar.com/starkids. A proportion of inflight donations are used to pay for their collation and transfer to World Vision Australia.

Support StarKids by donating your loose change on board today, or online at jetstar.com/starkids. Let your small change create a big change!
IN THE KNOW WE CAN HELP

Let us give you a Jetstar Flying Start

A $30,000 Jetstar grant helps not-for-profits go a long way

SINCE LAUNCHING IN 2012, the Jetstar Flying Start Program has helped 22 organisations make a difference to local communities across Australia and New Zealand.

Through the program, we invite not-for-profit groups to apply for a $30,000 grant to fund projects that will enrich the lives of people in their community. The grant comprises $15,000 cash and $15,000 worth of travel with Jetstar.

Some of the fantastic projects awarded grants include organisations that support mums with cancer, mentor vulnerable teenagers and improve literacy skills for disadvantaged kids.

Flying Start judge and radio host Jules Lund has been with the program since it launched in Australia.

“This month, we’ll be awarding our 10th Flying Start grant in Australia,” says Jules. “All of us on the judging panel are humbled by the fantastic work being done all over the country.”

In Australia, Hear and Say help children born with hearing loss. With their grant, they hosted an outreach camp to connect rural patients with their therapists and other families.

Perth Basketball team, Night Hoops, used their Flying Start grant to fund a six-day cultural and basketball tour to Singapore for at-risk and disadvantaged youth.

In New Zealand, Peggy Purl in Your Community is expanding its network to set up more groups to knit woollen blankets for vulnerable children.

Hand in Hand offers manicures and pedicures to women who are living with cancer and has funded the travel of women from all over New Zealand to be pampered in their revamped studio in Auckland.

Do you need a Flying Start?

If you, or someone you know, is working on a project to benefit the local community, we want to hear from you!

To find out how to apply for a Flying Start grant, visit jetstar.com

Jetstar.com
**In the know**  TRIP NOTES

**MEET THE CREW**

HERE AT JETSTAR, we’re all about providing you with more choice and great quality products on board.

Your inflight menu can be located in your seat pocket and includes information on the current food and beverage range available for purchase on board.

We’re expanding our range of exclusive prepaid options throughout this month to include Fish & Chips, Pulled Beef Sliders, Vegetarian Pie Face Duo, High Tea packs and some great healthy snack options from Harvest Box.

This month we are pleased to welcome Sumo Salad to our menu – with all of these choices, we’re sure you will find an option to suit your preference.

This is just the beginning – we’ll be continuing to expand our range of prepaid products to provide you more choice and value every time you fly.

To learn more about our inflight range or to add a prepaid meal to your next flight visit jetstar.com

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**Lorraine Vawdrey**

Cabin Crew, Auckland base

I joined Jetstar in June 2013.

I love New Zealand so this is an ideal job, being able to travel around and provide excellent customer service to our passengers. I wanted this position because I love hospitality, customer service and travel.

Being a low-cost carrier, we have the pleasure of taking first-time flyers. I had one on my flight early in my career: she was an 80-year-old who had just had a triple bypass. She decided to cross some things off her bucket list and this flight was one. She was flying up north to see family and was carrying everything, including her homemade muffins, in her carry-on bag; it was all overflowing. I felt so blessed to share in her joy for life.

My favourite Jetstar destination is Phuket, Thailand. My tips are: get out on the water; visit private beaches by long boat; treat the locals with respect; bargain regardless of how rich we are and how poor the locals are (but be generous!).

Travellers in New Zealand should visit the black-sand beaches of our West Coast and Muriwai Beaches. This area is very isolated and surrounded by amazing bush walks and waterfalls. They should also check out the freshwater lakes at Bethells Beach and follow the windy river past the monumental black sand dunes. During the summer months, bands play music down on the beach.

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Jetstar Australia is preparing a great new on board menu.

Eat on the fly

Jetstar Australia is preparing a great new on board menu.

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**In the know FLYING HIGHS**

Passengers of the Month
Meet a jetsetting Jetstar family

The Kyriazis clan

FROM: Sydney, Australia

HOW OFTEN DO YOU FLY JETSTAR?
We try to fit in one or two trips a year.

YOUR MOST RECENT TRIP?
Queenstown, New Zealand. We spent four days in Queenstown during autumn; it was so picturesque in gorgeous colour. We sampled the local eateries like Fergburger, Cookie Time and Patagonia Chocolates, and we enjoyed the view from the Skyline Gondola. The girls had a ball racing each other downhill on the Skyline Luge. The highlight of our trip was trying white water rafting. We did a gentle beginners’ rafting adventure at Skippers Canyon.

HOW DO YOU SPEND TIME ON A FLIGHT?
The girls play games on their iPhones. I like to lose myself in a good book, while my husband likes nothing better than to sleep. On longer flights we hire five Jetstar iPads and watch movies back-to-back.

WHERE TO NEXT?
We’d like to go somewhere we can escape to for a few days, maybe Tasmania – I know the girls would love to visit the Cadbury Chocolate factory, see Tasmanian Devils and visit MONA.

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WOULD YOU LIKE TO BE PASSENGER OF THE MONTH?
EMAIL EDITORIAL@JETSTARMEDIA.COM FOR YOUR CHANCE TO BE IN THE MAGAZINE. JUST TELL US HOW OFTEN YOU FLY, WHERE YOU WENT LAST AND WHERE YOU WOULD LOVE TO GO NEXT!

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Kids rule

Launched in 2006 by sisters Rosie and Lucy Thomas, Project Rockit is a youth-driven movement that aims to create real social change by tackling the issue of bullying in Australian schools.

Project Rockit has worked with hundreds of thousands of Aussie kids through school workshops.

With a view that young people are the experts, Project Rockit works with students to come up with safe, cool and credible strategies to stand up to bullying – on- and offline. They also tackle other issues affecting kids, like fitting-in, being different, values, ethics and empathy.

Your enjoyment of Kooks aboard your Jetstar flight is helping Kooks support Project Rockit in bringing workshops to the students who need them the most. To learn more, check out projectrockit.com.au

Feel like trying Kooks wine?
Check your seat pocket for the menu. Find out more at kooks.com.au
**ACROSS**
1 MasterChef host, Matt ... (7)
4 Iconic bush ballad, “Waltzing ...” (7)
8 V8 Supercar champ, ... Lowndes (5)
9 French impressionist painter, Claude ... (5)
10 The Water Diviner actress, ... Lucas (6)
12 Mother of baby Rocket Zot in Pic A, ... Bingle (4)
13 Innovative musician, Brian ... (3)
15 Mining heiress, ... Rinehart (4)
16 Soccer superstar, ... Beckham (5)
18 TV journalist, ... Martin (3)
20 Aussie star of The Rover, ... Pearce (3)
21 Citrus fruit (5)
22 Taj Mahal’s city (4)
24 Aussie comedian, ... Sitch (3)
26 Celebrity chef, Pete ... (5)
27 Jewish spiritual leader (5)
29 MasterChef host, ... Colombaris (6)
31 Paleo celebrity chef, Pete ... (5)
32 Thor star, Pic B, ... Hemsworth (5)
33 Fantastic! (7)
34 Blake Lively and Harrison Ford drama, The Age of ... (7)

**DOWN**
1 Former Test cricket captain, Ricky ... (7)
2 Early The Beatles hit, “... to Ride” (6)
3 Russell Crowe biblical film (4)
4 Comedian, ... Szubanski (5)
5 Star of the latest Mad Max movie (5)
6 Disgraced former cyclist, ... Armstrong (5)
7 Aussie boxer, ... Mundine (7)
8 Grahame Bond comedy character, ... Jack (5)
9 Aussie country singer, ... Brand (4)
10 Aussie actor, ... Lucas (7)
11 Former Midnight Oil frontman, ... (7)
13 Former cyclist, ... Armstrong (3)
14 Motoring TV host, Jeremy ... (8)
15 Aussie boxer, ... Mundine (7)
16 Disgraced former cyclist, ... Armstrong (5)
17 Grape plant (4)
18 Swedish pop legend (4)
19 Former UK prime minister, ... (5)
20 Thor star, Pic B, ... Hemsworth (5)
21 Comedian, ... Sitch (3)
22 Late Hal Holbrook’s character, ... Jack (5)
23 Fantastic! (7)
24 Part of the eye (6)
25 Australian country singer (4)
26 Star of the latest Mad Max movie (5)
27 Head of Australian football (8)
28 Aussie country singer, ... Brand (4)
29 Aussie actor, ... Lucas (7)
30 MasterChef host, Matt ... (7)
31 Close eye (4)
32 Aussie boxer, ... Mundine (7)
33 Aussie actor, ... Lucas (7)
34 Aussie actor, ... Lucas (7)

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**SUDOKU**

**EASY**

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**MODERATE**

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Jetstar.com ★ 149
*In the know  TRIVIA

QUICK QUIZ

1. How many muscles are there in the human body?
2. How many people live in Jetstar’s home port, Melbourne?
3. How many trams of the Australian-made E-class are currently in service in Melbourne?
4. What is the capacity of the Allianz Stadium in Sydney? And how many people can sit down?
5. How many “official” countries are there in the world today?
6. And how many oceans? What are they?
7. While there are estimated to be over 4,000 religions in the world today, how many major religions are there? What are they?
8. How many colours can humans see? How many colours can a computer display?
9. How many tree species are there in the world?
10. How much money is there in the world all up?
11. How many marsupial species are there?
12. How many letters does the longest monosyllabic English word have, and what is it?

SOLUTIONS FROM PREVIOUS PAGE

1. 650 named skeletal muscles, but some say there are up to 840.
2. According to figures released in 2012, 4.09 million.
3. As of March 2015, there were 18 out of a total order of 70 to be built by Bombardier Transportation in Dandenong, Victoria.
4. 45,500; 44,000.
5. 195 – many aren’t considered countries but are sovereign states – e.g. Taiwan. The world’s newest country is South Sudan.
8. The total number of individual colours a human can see is approximately 10 million. To create full-colour images, a computer displays about 16.8 million colours.
9. Over 23,000.
10. According to the Federal Reserve (the central bank of the United States), there is the equivalent of 1.2 trillion US dollars worth of currency (notes and coins) currently in circulation.
12. 10 letters – schmaltzed.

FUN WITH NUMBERS

Are you good at guessing the amount of jelly beans in a jar? Then try this!

1. Sharon
In the know WHERE WE FLY

INTERNATIONAL

Flights operated by Jetstar Airways
Operated by Jetstar Asia
Operated by Jetstar Pacific
Operated by Jetstar Japan

Did you know?
You can find and book flights, manage bookings, check in and get real-time flight updates all on the Jetstar app! Download it today from the Apple App Store or Google Play.

Operated by Jetstar Airways and commence 2 September (Townsville–Bali (Denpasar)) subject to government and regulatory approval.

Flights operated by Jetstar Pacific and commence 7 September (Hanoi–Hong Kong) subject to government and regulatory approval.

Selected Jetstar Airways flights are operated by the 787 Dreamliner and may be subject to government and regulatory approval. Please check jetstar.com/dreamliner for more details.
Arriving at our destinations
How to get from the airport to town

**Adelaide**
- 9km • 20 mins
- Approx $25
- Route J1 or J2 every 30 mins. Tickets from $3.20 - $5.10. Takes 30 mins

**Auckland**
- 22km • 30 mins
- Approx NZ$80-90
- 380 Airpoter bus service to Manukau City Centre. Every 20–30 mins, NZ$4.50. Takes 25–40 mins

**Ayers Rock/Uluru**
- Ayers Rock Resort 6km • 10 mins
- Complimentary shuttle buses to Ayers Rock Resort meet every flight. Taxis not available
- Car hire at airport and resort

**Ballina/Byron**
- Blanch’s Bus route 640 connects to Ballina, Lennox Head, Byron Bay and Mullumbimby. From $3.80 adult

**Brisbane**
- 16km • 25 mins
- Approx $45
- Con-x-i-on Bus. Every 40 mins. Adult $20, return $36. Takes 50 mins
- Airtrain every 15 mins approx. Tickets $17; return $32. Takes 20 mins

**Christchurch**
- 12km • 20 mins
- Approx NZ$45-65
- Super Shuttle meets every flight. Tickets from NZ$25
- Metro Bus 3 or 29: adult NZ$8, child NZ$5

**Darwin**
- 12km • 15 mins
- Approx $30
- Shuttle bus meets all flights. Adult $10 one way, $18 return

**Dunedin**
- 30km • 30 mins
- Approx NZ$90
- Super Shuttle meets every flight. Tickets from NZ$30. Takes 40 mins

**Gold Coast**
- 23km (Surfers Paradise) • 40 mins
- Approx $65
- Con-x-i-on Bus. Every 15–30 mins. Adult $22; return: $40. Takes 60 mins
- Gold Coast Tourist Shuttle. Adult $21, child (4–13 yrs) $13; return: $41/$21. Takes 60 mins
- Bus 702. Every 30 mins. Tickets from $8.60

**Hamilton Island**
- 6km • 10 mins
- Approx $25
- Sun Palm Shuttle meets all flights. Adult $15, child $7.50. Also operates to Port Douglas: adult $44, child $23.50

**Hamilton Island**
- 5 mins
- Shuttle bus. Free airport transfer service for hotel guests

**Hobart**
- 19km • 20 mins
- Approx $40
- Redline Airporter meets all flights. Adult $18, child (3–15 yrs) $14; return: adult $32, child $25

**Launceston**
- 15km • 15 mins
- Approx $35
- Redline Airporter meets all flights. Adult $18, child (3–15 yrs) $14; return: adult $32, child $25

**Mackay**
- 7km • 15 mins
- Approx $30
- To Mackay
- 24km (Melbourne CBD) • 30 mins
- Approx $65
- Shuttle Bus. $40 for one person; $45 for two people, discounts for multiple passengers. 7am – 7pm. Call +61 (0)2 4928 9822
- Port Stephens Coach. Every hour. Adult $49.50, child (5–15 yrs) $29. Takes about 20 mins

**Melbourne (Avalon)**
- 20km • 25 mins
- Approx $63
- Airport Shuttle meets all flights. Adult from $18, child from $14. Takes 35 mins. Also operates to Bellarine and Great Ocean Rd

**Mackay**
- 7km • 15 mins
- Approx $30
- TO AIRLIE BEACH
- 160km • 2 hours
- Whitsunday Transfers. Call +61 (0)7 4946 4940. Adult $69, child (6–15 yrs) $35; return: adult $120, child $60

**Melbourne (Tullamarine)**
- 27km • 30 mins
- Approx $65
- Shuttle Bus. $40 for one person; $45 for two people, discounts for multiple passengers. 7am – 7pm. Call +61 (0)2 4928 9822
- Port Stephens Coach. Every hour. Adult $49.50, child (5–15 yrs) $29. Takes 45 mins

**Perth**
- 12km (domestic terminal); 19km (international terminal)

154 Jetstar.com
Powder Piste Parks...

**Sydney**
- 8km • 20 mins
- Approx $60
- Airport Link Train every 10 mins (weekdays). Adult $17.00, child (4–16) $13.60. Takes 13 mins

**Queenstown**
- 8km • 15 mins
- Approx NZ$35
- SuperShuttle. Meets every flight.
- Connectabus. Every 15 mins. Adult NZ$8; child NZ$5.00. Takes 15 mins

**Sunshine Coast**
- 30km • 30 mins
- Approx $86
- Henry’s shuttle buses meet all flights. Adult $25, child $15
- Translink Bus 622, adult $9.70, child $4.80. Takes 45 mins

**Townsville**
- 6km • 10 mins
- Approx $25
- Airport shuttle. Meets all flights. Buy tickets at counter or book by calling +61 (0)7 4729 5078. Adult $10, child $5

**Wellington**
- 8km • 20 mins
- Approx NZ$35
- SuperShuttle. From NZ$20

**Whitsunday Coast / Proserpine**
- Airlie Beach 40km • 35 mins
- Approx $90
- Whitsunday Transit. Meets every flight but booking essential. Call +61 (0)7 4946 1800. Adult $18, child $13
- Whitsunday Transfers. Call +61 (0)7 4946 4940. Adult $18, child $13; return: adult $35, child $26

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**WANT TO BE ENTERTAINED?**
Ask Jetstar’s friendly cabin crew how to access your iPad or seatback entertainment system. Check out the available movies, TV and music from page 159

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Jetstar.com • 155
Your inflight safety and comfort

Keeping safe and having an enjoyable Jetstar® flight

Your safety comes first
There are a few simple things you can do to make sure you have a safe flight:
- Watch the pre-flight safety demonstration. Even if you've seen it before, it may differ depending on aircraft and you'll need a refresher on the instructions so you remember them more easily in an emergency.
- Keep your seatbelt fastened when you're seated – it's the best protection in case of unexpected turbulence. When the seatbelt sign is on, you're required by law to have your seatbelt fastened.
- Show your carry-on luggage and larger electronic devices in the overhead locker or under the seat in front of you whenever the seatbelt sign is on.
- Sleeping on the aircraft floor is not permitted.

Smoking is not permitted on board
Government regulations prohibit smoking on all flights operated by Australian-registered aircraft. There are smoke detectors in all toilets and penalties for regulation breaches.

Intoxication and disorderly behaviour
Boarding an aircraft when drunk is against the law. If you've had too much to drink before a flight you may jeopardise the safety of the aircraft, and we will refuse to let you board the aircraft. You're not permitted to consume your own alcohol on board. The only alcohol you may consume on board an aircraft is that provided by the cabin crew.

Qantas Group security - keeping you safe
The Qantas Group ensures that its passengers, staff and aircraft are safe and secure through an outcome-focused, risk-based approach to security management. Qantas security standards apply across the business including QantasLink and Jetstar. A dedicated Operations Centre monitors global security events 24 hours a day.

The Qantas Group has a strict policy of denying boarding or offloading any passenger who makes inappropriate comments or behaves inappropriately in flight or on the ground. Jetstar will not accept any inappropriate comments as 'jokes'. All matters deemed inappropriate will be referred to the relevant authorities for prosecution. Jetstar will also seek to recover from those involved all costs incurred as a result of security incidents.

Your inflight health
Some studies have found that lack of movement over time could contribute to blood clots forming in the legs (deep vein thrombosis, or DVT). If you feel you could be at risk from DVT or other health problems, see your doctor before you travel.

To reduce the risk of DVT, you should:
- Avoid sitting with crossed legs.
- Drink plenty of water during the flight.
- Minimise alcohol and caffeine intake before and during your flight.
- Wear comfortable, loose-fitting clothes.
- During the flight, move your legs and feet for three to four minutes per hour while seated and move around the cabin occasionally.

Additional measures such as well-fitted compression stockings or anti-clotting medication may be recommended for high-risk individuals.

Pack safe for your next flight
Next time you fly, remember these important safety guidelines for your baggage:
- Make sure you pack your own luggage.
- Common items such as batteries, aerosols and lighters become dangerous at altitude. Ensure you are aware of dangerous goods restrictions and don't pack any of these items in either your carry-on or checked baggage.
- There are restrictions on the liquids, aerosols and gels you carry on board (for international flights the limit is often containers of 100mL or less, packed in a transparent plastic bag for screening). Ensure you are aware of the requirements before you go to the airport.

For further information, check jetstar.com

Jetstar.com
Inflight entertainment is only available on select flights (over 90 minutes). There are a limited number of iPads on board, subject to availability. iPads are not available on intra-Asia, Jetstar Asia (flight numbers starting with 3K) or domestic New Zealand flights. iPad is a trademark of Apple Inc., registered in the U.S. and other countries. On selected Jetstar services, customers will be provided with entertainment through Jetstar Streaming: please listen to crew announcements. Jetstar Streaming has different content to pre-loaded iPads and the seatback system. Find out more at jetstar.com.

EXCITING CONTENT, GREAT VALUE!

Be entertained en route to your destination – we’ve got a great selection of movies, top TV comedy and drama series, plenty of kids’ favourites, plus hit music and games to choose from. Follow the guide to see what’s available, as content on domestic and international routes may differ. Or just ask your crew for what’s available on your flight.

ONLY $10

Blockbuster movies
TV comedy and drama
Kids’ favourites
Hit music
Games

PRE-PURCHASE AND SAVE

Don’t miss out – purchase inflight entertainment when you book your flight and save 10%!

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JULY 2015
MUSIC, TV, MOVIES, MARGS AND MORE!

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JULY 2015
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Blockbuster movies
TV comedy and drama
Kids’ favourites
Hit music
Games

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Inflight entertainment is only available on select flights (over 90 minutes). There are a limited number of iPads on board, subject to availability. iPads are not available on intra-Asia, Jetstar Asia (flight numbers starting with 3K) or domestic New Zealand flights. iPad is a trademark of Apple Inc., registered in the U.S. and other countries. On selected Jetstar services, customers will be provided with entertainment through Jetstar Streaming: please listen to crew announcements. Jetstar Streaming has different content to pre-loaded iPads and the seatback system. Find out more at jetstar.com.
Cinderella
シンデレラ

105 mins | LANGUAGES: English, Japanese & ENCC
DIRECTOR: Kenneth Branagh
CAST: Lily James, Cate Blanchett, Richard Madden

A new adaptation of the classic fairy tale. Ella is devastated when her father unexpectedly dies leaving her at the mercy of her cruel stepmother, but the servant girl’s fortunes change after a chance encounter with the dashing young prince. Many obstacles are in the way of the couple’s blossoming romance – he is expected to marry for the good of his country, while Ella is continually oppressed by her stepmother. Can her fairy godmother and a pair of glass shoes help Ella win the prince’s heart?

Jupiter Ascending
ジュピター

125 mins | LANGUAGE: English
DIRECTORS: Andy Wachowski, Lana Wachowski
CAST: Channing Tatum, Mila Kunis, Eddie Redmayne

Jupiter Jones, a down-on-her-luck maid, becomes the centre of an intergalactic conflict. Rescued by Caine Wise, a genetically engineered warrior, Jupiter travels to a distant world.

The Second Best Exotic Marigold Hotel
マリーゴールド・ホテルで会いましょう2

124 mins | LANGUAGE: English
DIRECTOR: John Madden
CAST: Judi Dench, Maggie Smith, Bill Nighy

The occupants of the Best Exotic Marigold Hotel have settled into India while Sonny works to open a second hotel.
**Available on all flights over 90 minutes**

---

### 10 Things I Hate About You

 указанная

**ENGLISH**

**DIRECTOR:** Gil Junger  
**CAST:** Heath Ledger, Julia Stiles, Joseph Gordon-Levitt  
A father has an unorthodox rule: the youngest daughter, Bianca, can date when her older sister, Kat, chooses to date as well. Cameron woos Kat with his teenage, bad-boy ways.  

---

### The Breakfast Club

 **ENGLISH**

**DIRECTOR:** John Hughes  
**CAST:** Emilio Estevez, Molly Ringwald  
Five students - the nerd, the jock, the rebel, the weirdo and the beauty queen - attend Saturday detention in their school library. The students form an unlikely friendship.

---

### The Goonies

 **ENGLISH**

**DIRECTOR:** Richard Donner  
**CAST:** Sean Astin, Josh Brolin  
To prevent the demolition of their home, two brothers and their friends follow the ancient treasure map of an infamous pirate.

---

### Pretty Woman

 **ENGLISH**

**DIRECTOR:** Garry Marshall  
**CAST:** Richard Gere, Julia Roberts, Jason Alexander  
A successful businessman arrives in LA and hires an escort to accompany him to social events. Edward finds himself becoming unexpectedly attached to Vivian.

---
Focus

フォーカス

| 105 mins | LANGUAGES: English & Japanese | DIRECTORS: Glenn Ficarra, John Requa |
| CAST: Will Smith, Margot Robbie, Rodrigo Santoro

Nicky, an accomplished con man, takes Jess under his wing and teaches her the tricks of his trade. Nicky shuts Jess out when the two become romantically involved, but when their paths cross years later, Nicky realises that he might have taught Jess too much.

天才詐欺師ニッキーが、女詐欺師ジェスを一人前に育て上げる。数年後再会した彼女にニッキーはテクニックを教えすぎたことを悟る。

Kingsman: The Secret Service

キングズマン：シークレット・サービス

| 128 mins | LANGUAGES: English & Japanese | DIRECTORS: Matthew Vaughn |
| CAST: Colin Firth, Taron Egerton, Samuel L. Jackson

Eggsy, a young man with a rough lifestyle, is recruited and trained by a top-secret intelligence agency. As an international terrorist threat develops, one veteran agent guides Eggsy through his transformation to super spy.

エリート集団の英国秘密情報機関にスカウトされ訓練を受ける不良少年が、ベテラン情報部隊によって問題児からエリートスパイへと変身させる。

Unfinished Business

アンフィニッシュド・ビジネス

| 91 mins | LANGUAGE: English | DIRECTOR: Ken Scott |
| CAST: Vince Vaughn, Dave Franco, Tom Wilkinson

A business owner and his group of employees head off on a business trip. Dan, Tim and Mike travel to Portland to meet some potential investors but find themselves swept up in a chaotic trip to Berlin to close the deal.

会社の経営者ダンがちょっと困った社員2人と共有栄光をかけた出張に行った先はヨーロッパ!? 予想外の戦いが次々と発生し、大混乱に！
The Rewrite
ザ・リライト
107 mins LANGUAGE: English DIRECTOR: Marc Lawrence
CAST: Hugh Grant, Marisa Tomei
With his career in a slump, an Oscar-winning screenwriter leaves Hollywood in the hope of reigniting his creativity.

Seventh Son
セブンス・サン
102 mins LANGUAGES: English & Japanese DIRECTOR: Sergei Bodrov CAST: Ben Barnes, Julianne Moore, Jeff Bridges
In this epic fantasy film, a retiring Spook teaches a farmer’s son to continue the fight against evil witches and creatures.

Song One
ブルックリンの恋人たち
86 mins LANGUAGE: English DIRECTOR: Kate Barker-FrCEED CAST: Anne Hathaway, Johnny Flynn, Mary Steenburgen
A tragic accident puts Franny's brother in a coma. She recruits a musician to try and revive him and a relationship forms.

Comet
コメット
91 mins LANGUAGE: English DIRECTOR: Sam Esmail CAST: Justin Long, Emmy Rossum
The pessimistic Dell falls deeply in love with the quirky Kimberley, but he soon begins to feel that their relationship is bigger than both of them.

The SpongeBob Movie: Sponge Out Of Water
スポンジボブ スクエア・イクエイド
92 mins LANGUAGE: English DIRECTOR: Paul Tibbitt CAST: Tom Kenny, Antonia Banderas
SpongeBob, Patrick and Plankton fight a dastardly pirate. Will they come out the winners?

The Rewrite
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**Inflight Entertainment MOVIES**

★★ EXCLUSIVE SELECTION – AVAILABLE ON 787 SEATBACK SCREENS

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**McFarland, USA**

マックファーランドUSA

**| 115 mins LANGUAGE: English DIRECTOR: Kevin Macdonald CAST: Jude Law, Scoot McNairy, Ben Mendelsohn**

After losing their jobs, members of a submarine crew sets out to find a Nazi treasure at the bottom of the Black Sea.

---

**Little Accidents**

リトル・アクシデンツ

**| 105 mins LANGUAGE: English DIRECTOR: Sara Colangelo CAST: Elizabeth Banks, Boyd Holbrook, Jacob Lofland**

A small country town is rocked by an accident at the local mine. The community deals with grief and suspicion.

---

**Black Sea**

ブラック・シー

**| 115 mins LANGUAGE: English DIRECTOR: Kevin Macdonald CAST: Jude Law, Scoot McNairy, Ben Mendelsohn**

After losing their jobs, members of a submarine crew sets out to find a Nazi treasure at the bottom of the Black Sea.

---

**The Last Five Years**

ザ・ラスト・ファイブ・イヤーズ

**| 94 mins LANGUAGE: English DIRECTOR: Richard LaGravenese CAST: Anna Kendrick, Jeremy Jordan, Tamara Mintz**

Jamie and Cathy recount their five-year relationship from hopeful beginning to heart-wrenching end through song.

---

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Inflight Entertainment MOVIES

★ EXCLUSIVE SELECTION – AVAILABLE ON 787 SEATBACK SCREENS

Kidnapping Freddy Heineken
ハイネケン誘拐の代償

<table>
<thead>
<tr>
<th>95 mins</th>
<th>LANGUAGE: English</th>
<th>DIRECTOR: Daniel Alfredson</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Sam Worthington, Anthony Hopkins, Yolanda Cabau</td>
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</tbody>
</table>

Based on the sensational true story about four friends who decide to kidnap beer tycoon, Freddy Heineken, and demand an exorbitant ransom.

Cinderella (1950 animation)
シンデレラ（1950年アニメ映画）

<table>
<thead>
<tr>
<th>74 mins</th>
<th>LANGUAGE: English</th>
<th>DIRECTORS: Clyde Geronimi, Wilfred Jackson, Hamilton Luske</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Ilene Woods, Verna Felton, James MacDonald</td>
<td></td>
<td></td>
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</tbody>
</table>

Cinderella is forced into servitude by her wicked stepmother. The King announces a grand ball to find love for the Prince, and Cinderella’s Fairy Godmother helps her get there.

Space Jam
スペース・ジャム

<table>
<thead>
<tr>
<th>87 mins</th>
<th>LANGUAGES: English &amp; Japanese</th>
<th>DIRECTOR: Joe Pytka</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Michael Jordan, Wayne Knight, Theresa Randle</td>
<td></td>
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</tr>
</tbody>
</table>

Michael Jordan and the Looney Tunes play basketball against aliens.

Fight Club
ファイット・クラブ

<table>
<thead>
<tr>
<th>139 mins</th>
<th>LANGUAGE: English</th>
<th>DIRECTOR: David Fincher</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Brad Pitt, Edward Norton</td>
<td></td>
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</table>

A bored loner and an enigmatic drifter start an underground fight club, which becomes popular.

There’s Something About Mary
メリーに首っかけ

<table>
<thead>
<tr>
<th>119 mins</th>
<th>LANGUAGE: English</th>
<th>DIRECTORS: Bobby Farrelly, Peter Farrelly</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Ben Stiller, Cameron Diaz</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

An honest man and a private investigator battle for a woman’s affection.

Bali Big Brother
神様はバリにいる

<table>
<thead>
<tr>
<th>120 mins</th>
<th>LANGUAGE: English &amp; Japanese</th>
<th>DIRECTOR: Toshio Lee</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAST: Shinichi Tsutsumi, Machiko Ono</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A charismatic millionaire mentors a young businessman.

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**Inflight Entertainment**  TV SHOWS

---

### Gotham

**ゴッサム**

**Season 1, 42 mins per episode**  
**LANGUAGE:** English

Before the rise of Batman, the Gotham City PD struggled against organised crime. A young and brave detective, undaunted by threats, named James Gordon, vows to find the truth behind the murder of Thomas and Martha Wayne. He sets off on a lonely and dangerous road through the city’s criminal underbelly.

---

### Brooklyn Nine-Nine

**ブルックリン・ナイン・ナイン**

**Season 1, 22 mins per episode**  
**LANGUAGE:** English

Detective Jake Peralta finds himself at odds with his strict commanding officer, Captain Ray Holt. As Jake tries to prove himself and win over Holt, the other quirky officers of the 99th Precinct work to keep the city safe.

---

### The Mysteries Of Laura

**ザ・ミステリーズ・オブ・ローラ**

**Season 1, 45 mins per episode**  
**LANGUAGE:** English

Laura Diamond, a mother of two and an accomplished NYPD detective, struggles to balance the two radically different sides of her life. Laura also has to deal with the pressure of the divorce process.

---

* Only available on 787 seatback platform, not on iPad
The Walking Dead
ウォーキング・デッド
Season 5, 45 mins per episode  LANGUAGE:  English
After a zombie outbreak in the United States, Rick Grimes leads a ragged group of survivors. The tight-knit crew fight to find sanctuary and the rumoured zombie virus cure.

One Big Happy
ワン・ビッグ・ハッピー
Season 1, 22 mins per episode  LANGUAGE:  English
Lizzy, a lesbian, and Luke, her best friend, decide to have a baby together. Things get complicated when Luke marries British woman, Prudence, so that she can stay in the US.

Modern Family
モダン・ファミリー
Season 5, 22 mins per episode  LANGUAGE:  English
Three related but different families live their lives in LA.

Family Guy*
ファミリー・ガイ
Season 11, 22 mins per episode  LANGUAGE:  English
The outrageously dysfunctional Griffin family are back to terrorise the quiet town of Quahog.

The Office*
ザ・オフィス
Season 8, 22 mins per episode  LANGUAGE:  English
Step into the Dunder Mifflin Paper Company and meet some of its many bizarre employees.

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**Inflight Entertainment TV SHOWS**

**Bear Grylls: Extreme Survival Caught On Camera**
べア・グリルス: 究極のサバイバル

30 mins  LANGUAGE: English
Bear Grylls presents footage of death-defying close calls. In this episode, Bear enters the world of the adrenaline junkie. ベア・グリルスが世界を巡り、命がけの冒険に挑戦する。

**Never Tear Us Apart: The Untold Story Of INXS**
ネヴァー・テア・アス・アパート: インエクスス物語

60 mins  LANGUAGE: English
A revealing look into one of Australia’s most successful musical exports. Witness the highs and lows that accompany fame. オーストラリアが生んだ偉大なロックバンド「インエクスス」の物語。

**America’s Next Top Model**
アメリカンス・ネットストップ・モデル

45 mins  LANGUAGE: English
The models travel to New Zealand and are thrown into a series of challenges, including a photo shoot with sheep! 勝ち残ったモデルがニュージーランドに向かい、コンテストを続ける。

**Wildest Indochina**
野生のインドオーチナ

60 mins  LANGUAGE: English
Explore one of the world’s most deadly environments. From tigers to crafty monkeys, Thailand’s animals fight to survive. タイのジャングルに生息する多様な動物を紹介する。

**Beyond Candid with Giuliana**
ピヨンド・キャンディッド・ウィズ・ジュリアナ

60 mins  LANGUAGE: English
Giuliana Rancic interviews Lisa Vanderpump, star of The Real Housewives of Beverly Hills and Vanderpump Rules. ンサラ・ヴァンダーポンプ星のリサ・ヴァンダーポンプインタビュー。
Curious George
Kate and Mim-Mim
Transformers Rescue Bots
My Little Pony
Peppa Pig Compile
Mickey Mouse Shorts
Tweens
Preschool

15 mins per episode
11 mins per episode
30 mins per episode
30 mins per episode
50 mins
4 mins
23 mins per episode
24 mins per episode

LANGUAGE: English
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Cheeky young monkey George gets up to all kinds of mischief with his friends as they learn and play together.

Kate and her toy rabbit Mim-Mim learn about Kate’s world, and Mim-Mim’s exciting home world, Mimiloo.

The Rescue Bots and the Burns family work together to battle against the Decepticons.

Twilight Sparkle, an inquisitive unicorn pony, explores the magical town of Ponyville with all her little pony friends.

Join the adorable Peppa Pig, and all her friends and family, for this collection of entertaining tales. The family head to Potato City and find out Daddy Pig doesn’t love rollercoasters! 楽しいベッパビッグの仲間たちと一緒に遊ぼう!

Mickey travels to Brazil to watch the world famous Ol Futebol Clasico. However Mickey realises that watching the game isn’t going to be as easy as he thought!

Come and join in all the Disney fun with a great selection of the most popular children’s television shows for the tween age group.

Enjoy a selection of the best television for pre-schoolers the Disney Channel has to offer – specifically designed for the three- to 10-year-old demographic.

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Courtney Barnett
Sometimes I Sit And Think, And Sometimes I Just Sit
サムタイムズ・アイ・シット・アンド・シント
アンド・サムタイムズ・アイ・ジャスト・シット

Courtney Barnett has gone from playing pub gigs in Melbourne, to performing to millions of people on The Ellen DeGeneres Show. This beguiling debut album has justifiably received critical acclaim worldwide.

San Cisco
Gracetown
サン・シスコ
グレースタウン

Madonna
Rebel Heart
マドンナ
レベル・ハート

Kendrick Lamar
To Pimp A Butterfly
ケンドリック・ラマー
トゥ・ピム・ア・バットフライ

James Bay
Chaos and the Calm
ジェームズ・ベイ
チェイオス・アンド・ザ・カーム

Gang Of Youths
The Positions
ギャング・オブ・ユース
ザ・ポジションズ

Dorsal Fins
Mind Renovation
ドーサル・フィンズ
マインド・リノベーション

Kagu
Kagu EP
カグ
カグ EP

Montgomery
New Clear War
モンゴメリー
ニュークリアー・ウォー

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Pearls
Pretend You’re Mine
パールズ
フリデンド・ユー・アー・マイイン

Led Zeppelin
Physical Graffiti
レッド・ツェッペリン
フィジカル・グラフィティ

Smokie
Gold: Greatest Hits
スマイキー
ゴールド: グレテストヒッツ

Sufjan Stevens
Carrie & Lowell
スフィアン・スティーヴンス
キャリー&ローレル

Genevieve Lacey, Flinders Quartet
Reinventions
ジェニュイヴ・レイシー、フランディーズ・カルテット
リニベンションズ

The Wiggles
Rock & Roll Preschool
ザ・ウィグレス
ロックンロール・プリスクール

NOVA
Podcasts
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NOVA podcasts:
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Fitz & Wippaフィッツ&ウィッパ
Meshel & Tommyメシェル&トミー

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Hottest 100 of 2014
2014年トリプルJ・ベスト100

A Smiling Mind:
Meditation
スマイリング・マイドン
(心に笑顔を)瞑想

Kids’ Meditation
子供のための瞑想

Teen Meditation
ティーンエイジャーのための瞑想

Adult Meditation
大人のための瞑想

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GAMES

UNO

GOURMET

InStyle

Women's Weekly

4x4

Nova

The Settlers

ONLY AVAILABLE ON IPAD

KIDS’ EBOOKS

ONLY AVAILABLE ON IPAD. MORE TITLES ARE AVAILABLE TO KEEP YOU ENTERTAINED

BE ENTERTAINED! Ask your friendly cabin crew to purchase inflight entertainment on iPad or your seatback screen.
How to use: Jetstar’s iPad ジェットスターのiPad

1. To activate and start using your iPad, please read through this step-by-step guide. For any further information, or to request one to rent, please talk to one of our friendly staff members who will be able to assist you. If you have any questions or require further assistance, please contact our customer service team.

2. To navigate the system on your seatback screen, touch the screen to select the options. Those in business class can also use the handset located in the front of the seat.

3. In economy class, the Boeing 787 crew call bell, reading light, volume and brightness controls are accessed by pressing the button below the screen or by selecting “Settings”.

How to use: Seatback controls 画面操作について

1. To purchase inflight entertainment, swipe your credit card in the reader located at the base of your screen.

2. Once you have made a final selection, tap “Play”, located in the bottom left corner. For programs available in multiple languages or with subtitles, tap the language icon to select preference. NB: Not all programs include this feature.

3. In economy class, the Boeing 787 crew call bell, reading light, volume and brightness controls are accessed by pressing the button below the screen or by selecting “Settings”.

Buttons

Display
Channel up/down
Home
Navigation arrow
Call attendant
Back
Screen off
Volume
Increase/decrease
Enter
Reading light on/off
Audio/video controls

Settings